RICK SNYDER GOVERNOR STATE OF MICHIGAN DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS MICHIGAN ADMINISTRATIVE HEARING SYSTEM Christopher Seppanen Executive Director

SHELLY EDGERTON DIRECTOR



Date Mailed: October 25, 2016 MAHS Docket No.: 16-010358 Agency No.: Petitioner:

## ADMINISTRATIVE LAW JUDGE: Landis Lain

## **DECISION AND ORDER**

This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 and upon the Petitioner's request for a hearing.

After due notice, a hearing was held on September 22, 2016. Petitioner appeared on behalf of the Petitioner. Director of Care Management represented the sector , Department Supervisor and sector , Supports Coordinator, represented the sector , the Michigan Department of Human Services MI Choice Waiver Agency (Waiver Agency).

### <u>ISSUE</u>

Did the Waiver Agency properly reduce Petitioner's Home Help Services (HHS)?

### FINDINGS OF FACT

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

- 1. Petitioner has been a MI Choice Waiver program since November 2013.
- 2. Petitioner had an in-home assessment on January 15, 2016.
- 3. On February 1, 2016, Petitioner moved into his own apartment.
- 4. On March 22, 2016, Petitioner received his driver's license.
- 5. On June 21, 2016, an in-person reassessment was conducted at which time improvements to Petitioner's health and abilities were noted.

- 6. Petitioner's Activities of Daily Living (ADLs) status have improved as a well as his overall self-sufficiency.
- 7. On June 21, 2016, the in-home assessment indicated improvement in the following areas: meal preparation (Total Dependency to Extensive); ordinary housework (Maximal Assistance to Extensive); Managing finances (Extensive to limited); Managing Medications (Maximal to Extensive); Shopping (Maximal to Extensive); Transportation (Total Dependence to Set up only); Transfer on and off commode (Independent to Limited assistance); Locomotion (Limited to Independent); personal hygiene (Limited assistance to supervision); bathing (Extensive to limited); Walking (Limited to Independent); increase in activity level and increase in total hours of exercise.
- 8. On July 1, 2016, the Waiver Agency Representative sent Petitioner an Advanced Action Notice stating: *following a review of medical services that you are receiving, it has been determined the following activities will be reduced, terminated or suspended as indicated below (Community Living supports). The reason for the action: Participant is able to safely manage with reduced services. The legal basis for this decision is 42 CFR 440.230 (d).*
- 9. Petitioner's Community Living Supports were reduced from 31.25 hours to 17.5 hours.
- 10. On August 3, 2016, the Michigan Administrative Hearing System received a Request for Hearing from Petitioner to contest the reduction of services.

### CONCLUSIONS OF LAW

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

This Petitioner is requesting services through the Department's Home and Community Based Services for Elderly and Disabled (HCBS/ED). The waiver is called MI Choice in Michigan. The program is funded through the federal Centers for Medicare and Medicaid (formerly HCFA) to the Michigan Department of Health and Human Services (Department). Regional agencies function as the Department's administrative agency.

> Waivers are intended to provide the flexibility needed to enable States to try new or different approaches to the efficient and cost-effective delivery of health care services, or to adapt their programs to the special needs of particular

areas or groups of recipients. Waivers allow exceptions to State plan requirements and permit a State to implement innovative programs or activities on a time-limited basis, and subject to specific safeguards for the protection of recipients and the program. Detailed rules for waivers are set forth in subpart B of part 431, subpart A of part 440 and subpart G of part 441 of this chapter. *42 CFR 430.25(b)* 

# 17.2 CRITERIA FOR AUTHORIZING B3 SUPPORTS AND SERVICES states:

The authorization and use of Medicaid funds for any of the B3 supports and services, as well as their amount, scope and duration, are dependent upon:

- The Medicaid beneficiary's eligibility for specialty services and supports as defined in this Chapter;
- The service(s) having been identified during personcentered planning;
- The service(s) being medically necessary as defined in the Medical Necessity Criteria subsection of this chapter;
- The service(s) being expected to achieve one or more of the above-listed goals as identified in the beneficiary's plan of service; and
- Additional criteria indicated in certain B3 service definitions, as applicable.

Decisions regarding the authorization of a B3 service (including the amount, scope and duration) must take into account the PIHP's documented capacity to reasonably and equitably serve other Medicaid beneficiaries who also have needs for these services. The B3 supports and services are not intended to meet all the individual's needs and preferences, as some needs may be better met by community and other natural supports. Natural supports mean unpaid assistance provided to the beneficiary by people in his/her network (family, friends, neighbors, community volunteers) who are willing and able to provide such assistance. It is reasonable to expect that parents of minor children with disabilities will provide the same level of care they would provide to their children without disabilities. MDHHS encourages the use of natural supports to assist in meeting an individual's needs to the extent that the family or friends who provide the natural supports are willing and able to provide this assistance. PIHPs may not require a

beneficiary's natural support network to provide such assistance as a condition for receiving specialty mental health supports and services. The use of natural supports must be documented in the beneficiary's individual plan of service.

> Behavioral Health and Intellectual and Developmental Disability Supports and Services, Date: April 1, 2016, page 120

The *Medicaid Provider Manual* articulates Medicaid policy for Michigan. Its states with regard to community living supports:

### 17.3.B. COMMUNITY LIVING SUPPORTS

NOTE: This service is a State Plan EPSDT service when delivered to children birth-21 years.

Community Living Supports are used to increase or maintain personal self-sufficiency, facilitating an individual's achievement of his goals of community inclusion and participation, independence or productivity. The supports may be provided in the participant's residence or in community settings (including, but not limited to, libraries, city pools, camps, etc.).

Coverage includes:

Assisting (that exceeds state plan for adults), prompting, reminding, cueing, observing, guiding and/or training in the following activities:

- meal preparation
- laundry
- routine, seasonal, and heavy household care and maintenance
- activities of daily living (e.g., bathing, eating, dressing, personal hygiene)
- shopping for food and other necessities of daily living

<u>CLS services may not supplant services otherwise available</u> to the beneficiary through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973 or state plan services, e.g., Personal Care (assistance with ADLs in a certified specialized residential setting) and Home Help or Expanded Home Help (assistance in the individual's own, unlicensed home with meal preparation, laundry, routine household care and maintenance, activities of daily living and shopping). If such assistance appears to be needed, the beneficiary must request Home Help and, if necessary, Expanded Home Help from MDHHS. CLS may be used for those activities while the beneficiary awaits determination by MDHHS of the amount, scope and duration of Home Help or Expanded Home Help. If the beneficiary requests it, the PIHP case manager or supports coordinator must assist him/her in requesting Home Help or in filling out and sending a request for Fair Hearing when the beneficiary believes that the MDHHS authorization of amount, scope and duration of Home Help does not appear to reflect the beneficiary's needs based on the findings of the MDHHS assessment. (Emphasis Added)

• Staff assistance, support and/or training with activities such as:

money management

non-medical care (not requiring nurse or physician intervention)

socialization and relationship building

transportation from the beneficiary's residence to community activities, among community activities, and from the community activities back to the beneficiary's residence (transportation to and from medical appointments is excluded)

participation in regular community activities and recreation opportunities (e.g., attending classes, movies, concerts and events in a park; volunteering; voting)

attendance at medical appointments

acquiring or procuring goods, other than those listed under shopping, and non-medical services

Reminding, observing and/or monitoring of medication administration

Staff assistance with preserving the health and safety of the individual in order that he/she may reside or be supported in the most integrated, independent community setting.

CLS may be provided in a licensed specialized residential setting as a complement to, and in conjunction with, state plan coverage Personal Care in Specialized Residential Settings. Transportation to medical appointments is covered by Medicaid through MDHHS or the Medicaid Health Plan. Payment for CLS services may not be made, directly or indirectly, to responsible relatives (i.e., spouses, or parents of minor children), or guardian of the beneficiary receiving community living supports.

CLS assistance with meal preparation, laundry, routine household care and maintenance, activities of daily living and/or shopping may be used to complement Home Help or Expanded Home Help services when the individual's needs for this assistance have been officially determined to exceed the DHS's allowable parameters. CLS may also be used for those activities while the beneficiary awaits the decision from a Fair Hearing of the appeal of a MDHHS decision. Reminding, observing, guiding, and/or training of these activities are CLS coverages that do not supplant Home Help or Expanded Home Help.

Community Living Supports (CLS) provides support to a beneficiary younger than 18, and the family in the care of their child, while facilitating the child's independence and integration into the community. This service provides skill development related to activities of daily living, such as bathing, eating, dressing, personal hygiene, household chores and safety skills; and skill development to achieve or maintain mobility. sensory motor. communication, socialization and relationship-building skills, and participation in leisure and community activities. These supports must be provided directly to, or on behalf of, the child. These supports may serve to reinforce skills or lessons taught in school, therapy, or other settings. For children and adults up to age 26 who are enrolled in school, CLS services are not intended to supplant services provided in school or other settings or to be provided during the times when the child or adult would typically be in school but for the parent's choice to home-school.

Behavioral Health and Intellectual and Developmental Disability Supports and Services, Date: April 1, 2016, pages 122-123

The MI Choice Medicaid Waiver is the payer of last resort. The program is meant to enhance and not replace the care of loved ones/informal supports. Petitioner failed to report that his caregiver was hospitalized for a month. He failed to notify that he needed a replacement caregiver. He has family living near or with him to assist with his homemaking needs. CLS services cannot be provided in circumstances where they could be a duplication of services under the state plan or elsewhere. CLS services are provided only in cases when neither the participant nor anyone else in the household is capable of performing or financially paying for them, and where no other relative, caregiver, landlord, community/volunteer agency, or third party payer is capable of or responsible for their provision.

This Administrative Law judge finds that the Waiver Agency has established by the necessary competent, substantial and material evidence on the record that Petitioner's CLS hours should be reduced because Petitioner's activities increased and Petitioner had improvements in his health and abilities. The newly authorized services are sufficient in amount, duration and scope to reasonable be expected to achieve the purpose for which the services are furnished.

The burden is on Petitioner to prove by a preponderance of evidence that Community Living Supports hours are still medically necessary. As indicated above, Petitioner did not meet this burden. The Waiver Agency's decision must be upheld under the circumstances.

#### DECISION AND ORDER

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that Waiver Agency properly reduced Petitioner's Community Living Supports (CLS) hours under the circumstances.

Accordingly, the Waiver Agency's decision is **AFFIRMED**.

LL/sb

Landis Lain Administrative Law Judge for Nick Lyon, Director Department of Health and Human Services

**NOTICE OF APPEAL**: A party may appeal this Order in circuit court within 30 days of the receipt date. A copy of the circuit court appeal must be filed with the Michigan Administrative Hearing System (MAHS).

A party may request a rehearing or reconsideration of this Order if the request is received by MAHS within 30 days of the date the Order was issued. The party requesting a rehearing or reconsideration must provide the specific reasons for the request. MAHS will not review any response to a request for rehearing/reconsideration.

A written request may be mailed or faxed to MAHS. If submitted by fax, the written request must be faxed to (517) 335-6088; Attention: MAHS Rehearing/Reconsideration Request.

If submitted by mail, the written request must be addressed as follows:

Michigan Administrative Hearings Reconsideration/Rehearing Request P.O. Box 30763 Lansing, Michigan 48909-8139 **DHHS** -Dept Contact

**DHHS** -Dept Contact

Petitioner

Authorized Hearing Rep.

**Community Health Rep** 





