RICK SNYDER GOVERNOR STATE OF MICHIGAN DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS MICHIGAN ADMINISTRATIVE HEARING SYSTEM Christopher Seppanen Executive Director

MIKE ZIMMER DIRECTOR



Date Mailed: MAHS Docket No.: 16-000689 Agency No.: Petitioner:

# ADMINISTRATIVE LAW JUDGE: Robert J. Meade

## **DECISION AND ORDER**

This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 and 42 CFR 431.200 *et seq.* upon Petitioner's request for a hearing.

| After due notice, a hearing was h | ield on | Petitioner | appeared | on | his |
|-----------------------------------|---------|------------|----------|----|-----|
| own behalf.                       |         |            |          |    |     |

| ,       | Manager Due     | Process,   | appeared   | on | behalf | of       |   |
|---------|-----------------|------------|------------|----|--------|----------|---|
| (CMH or | Department).    |            |            | ,  | Psyc   | hologist | , |
| appear  | ed as a witness | for the De | epartment. |    |        |          |   |

#### **ISSUE**

Does the Petitioner meet the eligibility requirements for Medicaid Specialty Supports and Services through CMH as someone with a serious mental illness (SMI)?

### FINDINGS OF FACT

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

- 1. Petitioner is a year-old Medicaid beneficiary, born with a serious who has been eligible to receive services through CMH as a person with a serious mental illness. (Exhibits A, p. 22; Testimony)
- Petitioner is diagnosed with bi-polar disorder and depression. Petitioner lives alone in an apartment with his 3 year old daughter. Petitioner's informal supports consist of his mother, who lives across the street from Petitioner. (Exhibit A; Testimony)

- 3. Petitioner was approved to receive the CMH services of targeted case management, mental health assessments, and medication reviews. (Exhibit A, pp 31-32)
- 4. Contact notes between Petitioner and his case manager between and and and show numerous instances of Petitioner failing to show for medication reviews or cancelling medication reviews. (Exhibit A, pp 33-39; Testimony)
- 5. On petitioner's continued eligibility for CMH services. Following the review, CMH determined that Petitioner did not meet criteria for continued eligibility for CMH services because Petitioner reported no remarkable symptoms, even when he was taking medications, Petitioner had not been to a medication review since petitioner had no history of receiving acute services, and very little history of receiving any mental health services at all. (Exhibit A, pp 1-3; Testimony)
- 6. The Michigan Mental Health Code, Medicaid Provider Manual, and the MDCH/CMHSP Mental Health Supports and Services Contract specify that the community mental health agencies are responsible for treating the most severe forms of mental illness and that Medicaid Health Plans are responsible for treating mild to moderate conditions. (Exhibit A; Testimony)
- 7. On Rights informing him that his services would be terminated on . (Exhibit A, pp 6-7; Testimony)
- 8. On **Example 1**, the Michigan Administrative Hearing System (MAHS) received Petitioner's request for an Administrative Hearing. (Exhibit 1)

# **CONCLUSIONS OF LAW**

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

Title XIX of the Social Security Act, enacted in 1965, authorizes Federal grants to States for medical assistance to low-income persons who are age 65 or over, blind, disabled, or members of families with dependent children or qualified pregnant women or children. The program is jointly financed by the Federal and State governments and administered by States. Within broad Federal rules, each State decides eligible groups, types and range of services, payment levels for services, and administrative and operating procedures. Payments for services are made directly by the State to the individuals or entities that furnish the services.

42 CFR 430.0

The State Plan is a comprehensive written statement submitted by the agency describing the nature and scope of its Medicaid program and giving assurance that it will be administered in conformity with the specific requirements of title XIX, the regulations in this Chapter IV, and other applicable official issuances of the Department. The State plan contains all information necessary for CMS to determine whether the plan can be approved to serve as a basis for Federal financial participation (FFP) in the State program.

42 CFR 430.10

Section 1915(b) of the Social Security Act provides:

The Secretary, to the extent he finds it to be cost-effective and efficient and not inconsistent with the purposes of this subchapter, may waive such requirements of section 1396a of this title (other than subsection (s) of this section) (other than sections 1396a(a)(15), 1396a(bb), and 1396a(a)(10)(A) of this title insofar as it requires provision of the care and services described in section 1396d(a)(2)(C) of this title) as may be necessary for a State—

Under approval from the Center for Medicaid and Medicaid Services (CMS) the Michigan Department of Health and Human Services (MDCH) operates a section 1915(b) waiver called the Medicaid Managed Specialty Services and Support program waiver. CMH contracts with the MDCH to provide services under the Managed Specialty Service and Supports Waiver and other State Medicaid Plan covered services. CMH must offer, either directly or under contract, a comprehensive array of services, as specified in Section 206 of the Michigan Mental Health Code, Public Act 258 of 1974, amended, and those services/supports included as part of the contract between the Department and CMH.

The Department's *Medicaid Provider Manual, Mental Health and Substance Abuse, Beneficiary Eligibility, Section 1.6* makes the distinction between the CMH responsibility and the Medicaid Health Plan (MHP) responsibility for Medicaid specialized ambulatory mental health benefits. The Medicaid Provider Manual provides:

A Medicaid beneficiary with mental illness, serious emotional disturbance or developmental disability who is enrolled in a Medicaid Health Plan (MHP) is eligible for specialty mental health services and supports when his needs exceed the MHP benefits. (Refer to the Medicaid Health Plans Chapter of this manual for additional information.) Such need must be documented in the individual's clinical record.

The following table has been developed to assist health plans and PIHPs in making coverage determination decisions related to outpatient care for MHP beneficiaries. Generally, as the beneficiary's psychiatric signs, symptoms and degree/extent of functional impairment increase in severity, complexity and/or duration, the more likely it becomes that the beneficiary will require specialized services and supports available through the PIHP/CMHSP. For all coverage determination decisions, it is presumed that the beneficiary has a diagnosable mental illness or emotional disorder as defined in the most recent Diagnostic and Statistical Manual of the Mental Disorders published by the American Psychiatric Association.

| In general, MHPs are responsible for outpatient mental health in the following situations:  | In general, PIHPs/CMHSPs are responsible for outpatient mental health in the following situations:  |  |  |
|---|---|--|--|
| □ The beneficiary is experiencing or<br>demonstrating <u>mild or moderate psychiatric</u><br><u>symptoms</u> or signs of sufficient intensity to<br>cause subjective distress or mildly<br>disordered behavior, with minor or<br>temporary functional limitations or<br>impairments (self-care/daily living skills,<br>social/interpersonal relations,<br>educational/vocational role performance,<br>etc.) and minimal clinical (self/other harm<br>risk) instability. | □ The beneficiary is currently or has<br>recently been (within the last 12 months)<br>seriously mentally ill or seriously<br>emotionally disturbed as indicated by<br>diagnosis, intensity of current signs and<br>symptoms, and substantial impairment in<br>ability to perform daily living activities (or<br>for minors, substantial interference in<br>achievement or maintenance of<br>developmentally appropriate social,<br>behavioral, cognitive, communicative or<br>adaptive skills). |  |  |
| □ The beneficiary was formerly significantly or seriously mentally ill at some point in the past. Signs and symptoms of the former serious disorder have substantially moderated or remitted and prominent functional disabilities or   | □ The beneficiary does not have a current<br>or recent (within the last 12 months)<br>serious condition but was formerly<br>seriously impaired in the past. Clinically<br>significant residual symptoms and   |  |  |

| impairments related to the condition have<br>largely subsided (there has been no<br>serious exacerbation of the condition within<br>the last 12 months). The beneficiary<br>currently needs ongoing routine medication<br>management without further specialized | impairments exist and the beneficiary<br>requires specialized services and supports<br>to address residual symptomatology<br>and/or functional impairments, promote<br>recovery and/or prevent relapse.  |
|--|--|
| services and supports.   | □ The beneficiary has been treated by the MHP for mild/moderate symptomatology and temporary or limited functional impairments and has exhausted the 20-visit maximum for the calendar year. (Exhausting the 20-visit maximum is not necessary prior to referring complex cases to PIHP/CMHSP.) The MHP's mental health consultant and the PIHP/CMHSP medical director concur that additional treatment through the PIHP/CMHSP is medically necessary and can reasonably be expected to achieve the intended purpose (i.e., improvement in the beneficiary's condition) of the additional treatment. |

Medicaid Provider Manual Mental Health and Substance Abuse Section July 1, 2015, p 3

"Serious mental illness" is defined in the Mental Health Code as follows:

330.1100d Definitions; S to W. Sec. 100d.

(3) "Serious mental illness" means a diagnosable mental, behavioral, or emotional disorder affecting an adult that exists or has existed within the past year for a period of time sufficient to meet diagnostic criteria specified in the most recent diagnostic and statistical manual of mental disorders published by the American psychiatric association and approved by the department and that has resulted in functional impairment that substantially interferes with or limits 1 or more major life activities. Serious mental illness includes dementia with delusions, dementia with depressed mood, and dementia with behavioral disturbance but does not include any other dementia unless the dementia occurs in conjunction with another diagnosable serious mental illness. The following disorders also are included only if they occur in conjunction with another diagnosable serious mental illness:

(a) A substance abuse disorder.

(b) A developmental disorder.

(c) A "V" code in the diagnostic and statistical manual of mental disorders.

\* \* \* \*

#### MCL 330.1100d(3)

Petitioner testified that he does need the services and case management helps him manage his life, develop life skills, and deal with stressful issues. Petitioner indicated that he had not been taking his medications because he did not like the way they made him feel and also made him gain weight. Petitioner testified that he tried to talk to his case manager about his issues with the medications. Petitioner indicated that he also had difficulty getting to his case management appointments and medication reviews because his Medicaid Health Plan (MHP) told him that he could not use their bus passes for such visits. Petitioner testified that as part of his bond conditions for a current case, he is court ordered to continue to receive mental health services and take his medications.

In this case, CMH applied the proper eligibility criteria to determine whether Petitioner was eligible for continued Medicaid covered mental health services and properly determined he is not because he is not a person with a serious mental illness. A review of Petitioner's records showed that Petitioner reported no remarkable symptoms, even when he was taking medications, and that Petitioner had not been to . Petitioner also had no history of receiving acute a medication review since services, and very little history of receiving any mental health services at all. As indicated above, the Medicaid Provider Manual provides that CMH is responsible for treating the most severe forms of mental illness and that the Medicaid Health Plans are responsible for treating mild to moderate conditions. Here, Petitioner has coverage through a Medicaid Health Plan, McLaren Health Plan, and can receive the services he needs, including medications and therapy, through that plan. Should Petitioner's condition worsen, he is free to request another assessment. Accordingly, Petitioner does not meet the eligibility criteria for Medicaid Specialty Supports and Services through CMH.

#### **DECISION AND ORDER**

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that the CMH properly determined that the Petitioner does not meet the eligibility requirements for Medicaid Specialty Supports and Services through CMH.

### IT IS THEREFORE ORDERED THAT:

The Department's decision is **AFFIRMED**.

RM/cg

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**Robert Meade** Administrative Law Judge for Nick Lyon, Director Department of Health and Human Services **NOTICE OF APPEAL**: A party may appeal this Order in circuit court within 30 days of the receipt date. A copy of the circuit court appeal must be filed with the Michigan Administrative Hearing System (MAHS).

A party may request a rehearing or reconsideration of this Order if the request is received by MAHS within 30 days of the date the Order was issued. The party requesting a rehearing or reconsideration must provide the specific reasons for the request. MAHS will not review any response to a request for rehearing/reconsideration.

A written request may be mailed or faxed to MAHS. If submitted by fax, the written request must be faxed to (517) 335-6088; Attention: MAHS Rehearing/Reconsideration Request.

If submitted by mail, the written request must be addressed as follows:

Michigan Administrative Hearings Reconsideration/Rehearing Request P.O. Box 30763 Lansing, Michigan 48909-8139

## Petitioner

**DHHS** -Dept Contact

DHHS Department Rep.



