# STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARING SYSTEM FOR THE DEPARTMENT OF HEALTH AND HUMAN SERVICES

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IN THE MATTER OF:
MAHS Docket No. 15-018349 HHS
Appellant.
DECISION AND ORDER
This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 and 42 CFR 431.200 <i>et seq.</i> , upon Appellant's request for a hearing.
After due notice, a hearing was held on Appellant appeared on her own behalf.  Health and Human Services (Department).  Adult Services Worker (ASW), appeared as witnesses for the Department.
<u>ISSUE</u>
Did the Department properly deny Appellant's Home Help Services (HHS) application?
FINDINGS OF FACT
The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:
<ol> <li>Appellant is a -year-old Medicaid beneficiary, born with a Redetermination date of Chept Ex. A, pp 11-12; Testimony).</li> </ol>

Appellant has been diagnosed with hypertension, lumbar radiculopathy,

chronic right knee pain and swelling. (Dept Ex. A, pp 13, 18).

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- 3. On \_\_\_\_\_\_, the ASW went to Appellant's home and completed a six month assessment with Appellant. During the assessment, the ASW observed Appellant walking and getting up and down without any supportive aid devices. Appellant was also able to stand \_\_\_\_ minutes without demonstrating any discomfort or pain. The ASW asked Appellant if she uses any supportive aid devices. Appellant reported to the ASW that she did not. The Appellant stated she is able to use the restroom, bathe, groom, dress, feed and take her own medication. She has back pain but does not wear a back brace. The ASW determined that Appellant did not have a need for hands on assistance with any Activities of Daily Living (ADL). (Dept Ex. A, p 15; Testimony).
- 4. A Medical Needs Form completed by Appellant's doctor indicated that Appellant needs assistance with ADL's and Instrumental Activities of Daily Living (IADL)'s. (Dept Ex. A, p 18; Testimony).
- 5. Based on the information available at the time of the assessment, the ASW concluded that Appellant did not have a medical need for hands on assistance with any ADL. (Dept Ex. A, p 15; Testimony)
- 6. On Notice indicating that the HHS application was denied based on the policy requiring a need for hands on assistance with at least one ADL. (Dept Ex. A, p 5-8; Testimony)
- 7. On Michigan Administrative Hearing System. (Exhibit 1)

#### **CONCLUSIONS OF LAW**

. The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

Home Help Services (HHS) are provided to enable functionally limited individuals to live independently and receive care in the least restrictive, preferred settings. These activities must be certified by a physician and may be provided by individuals or by private or public agencies.

Adult Services Manual 101 (12-1-2013) (hereinafter "ASM 101") and Adult Services Manual 120 (12-1-2013) (hereinafter "ASM 120") address the issues of what services are included in Home Help Services and how such services are assessed:

### **Payment Services Home Help**

Home Help Services are non-specialized personal care service activities provided under the independent living services program to persons who meet eligibility requirements.

Home Help Services are provided to enable individuals with functional limitation(s), resulting from a medical or physical disability or cognitive impairment to live independently and receive care in the least restrictive, preferred settings.

Home Help Services are defined as those tasks which the department is paying for through Title XIX (Medicaid) funds. These services are furnished to individuals who are **not** currently residing in a hospital, nursing facility, licensed foster care home/home for the aged, intermediate care facility (ICF) for persons with developmental disabilities or institution for mental illness.

These activities **must** be certified by a Medicaid enrolled medical professional and may be provided by individuals or by private or public agencies. The medical professional does not prescribe or authorize personal care services. Needed services are determined by the comprehensive assessment conducted by the adult services specialist.

Personal care services which are eligible for Title XIX funding are limited to:

## Activities of Daily Living (ADL)

- Eating.
- Toileting.
- Bathing.
- Grooming.
- Dressing.
- Transferring.
- Mobility.

### Instrumental Activities of Daily Living (IADL)

- Taking medication.
- Meal preparation/cleanup.
- Shopping for food and other necessities of daily living.
- Laundry.
- Light housecleaning.

An individual must be assessed with at least one activity of daily living (ADL) in order to be eligible to receive home help services.

**Note:** If the assessment determines a need for an ADL at a level 3 or greater but these services are not paid for by the department, the individual would be eligible to receive IADL services.

**Example:** Ms. Smith is assessed at a level 4 for bathing. However, she refuses to receive assistance or her daughter agrees to assist her at no charge. Ms. Smith would be eligible to receive assistance with IADL's if the assessment determines a need at a level 3 or greater. [ASM 101, pages 1-3 of 5, emphasis added].

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## Services not Covered by Home Help Services

Home help services must **not** be approved for the following:

• <u>Supervising, monitoring, reminding, guiding or encouraging</u> (functional assessment rank 2). [ASM 101, page 5 of 5].

#### **Functional Assessment**

The **Functional Assessment** module of the **ASCAP** comprehensive assessment is the basis for service planning and for the HHS payment.

Conduct a functional assessment to determine the client's ability to perform the following activities:

# Activities of Daily Living (ADL)

- Eating
- Toileting
- Bathing
- Grooming
- Dressing
- Transferring
- Mobility

# Instrumental Activities of Daily Living (IADL)

- Taking Medication
- Meal Preparation and Cleanup
- Shopping
- Laundry
- Light housework

#### Functional Scale

ADL's and IADL's are assessed according to the following five-point scale:

#### 1. Independent.

Performs the activity safely with no human assistance.

#### 2. Verbal Assistance.

Performs the activity with verbal assistance such as reminding, guiding or encouraging.

#### Some Human Assistance.

Performs the activity with some direct physical assistance and/or assistive technology.

#### 4. Much Human Assistance.

Performs the activity with a great deal of human assistance and/or assistive technology.

### 5. Dependent.

Does not perform the activity even with human assistance and/or assistive technology.

Home Help Payments may only be authorized for needs assessed at the 3 level or greater.

An individual must be assessed with at least one activity of daily living in order to be eligible to receive home help services.

**Note**: If the assessment determines a need for an ADL at a level 3 or greater but these services are not paid for by the department, the individual would be eligible to receive IADL services.

**Example**: Ms. Smith is assessed at a level 4 for bathing however she refuses to receive assistance or her daughter agrees to assist her at no charge. Ms. Smith would be eligible to receive assistance with IADL's if the assessment determines a need at a level 3 or greater. [ASM 120, pages 2-3 of 7, emphasis added].

The ASW testified that on seement with Appellant. The ASW indicated that during the assessment, she determined that Appellant did not have a need for hands on assistance with any Activities of Daily Living (ADL). The ASW testified that Appellant told her that she was able to use the restroom, bath, groom, dress, feed and take her medications. The ASW noted that Appellant was able to move stand for approximately minutes without demonstrating any discomfort or pain. Appellant also did not use any assistive devices. The ASW indicated that a Medical Needs Form completed by Appellant's doctor also indicated that Appellant needs assistance with ADL's and IADL's. The ASW testified that based on the assessment she sent Appellant an Adequate Action Notice indicating that the HHS was denied based on the policy requiring a need for hands on assistance with at least one ADL.

Appellant testified that the ASW was only at her home for minutes. Appellant stated that her house was not smoky and the ASW only saw a pack of cigarettes in the living room. Appellant testified that she told the ASW that she did not wear a back brace because the insurance would not pay for it, but that was not in the ASW's narrative.

Appellant was informed that this hearing was to determine whether the Department's decision was proper at the time it was made based on the information available at that time.

The evidence was not sufficient to establish that Appellant had a need for hands on assistance, functional ranking 3 or greater, with at least one ADL, based on the information available to the ASW for this assessment. The ASW provided credible, detailed testimony regarding her discussion of ADL's with Appellant and her observations of Appellant during the assessment.

Accordingly, the denial of Appellant's HHS application is upheld. Based on the information available to the ASW at the time the decision in this matter was made, that decision was proper.

#### **DECISION AND ORDER**

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that the Department properly denied the Appellant's HHS application.

# IT IS THEREFORE ORDERED that:

The Department's decision is AFFIRMED.

Vicki L. Armstrong
Administrative Law Judge
For Nick Lyon, Director
Michigan Department of Health and Human Services

Date Signed:

Date Mailed:

VLA/db

CC:



### \*\*\* NOTICE \*\*\*

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.