STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARING SYSTEM FOR THE DEPARTMENT OF COMMUNITY HEALTH

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| IN THE MATTER OF: | Docket No. 2012 15001 DISC |
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| , | Docket No. 2013-15091 DISC Case No. |
| Appellant/ | |
| DECISION AND ORDER | |
| This matter is before the undersigned Ac | dministrative Law Judge pursuant to MCL 400.9 |

and 42 CFR 431.200 *et seq.*, upon the Appellant's request for a hearing.

After due notice, a hearing was held on the Appellant appeared.

After due notice, a hearing was held on . The Appellant appeared without representation. He had no witnesses. The Department was represented by , Disenrollment Specialist/MDCH. She had no witnesses.

<u>ISSUE</u>

Did the Department properly deny the Appellant/enrollee's request for special disenrollment for cause?

FINDINGS OF FACT

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

- 1. The Appellant is a disabled 50-year-old Medicaid Beneficiary enrolled in the Total Health Care Plan since (Exhibit 1, Testimony).
- 2. The Department of Community Health contracts with the MHP to provide Medicaid services to the Appellant and other enrollees.
- 3. On Special Disensellment from the enrollee/Appellant. (Exhibit A, p 12).
- 4. The request for disenrollment was based on the fact that the doctor Appellant wished to see for substance abuse treatment did not accept the Total Health Care Plan. (Exhibit A, p 12; Testimony).
- 5. The Appellant is afflicted with general anxiety disorder, insomnia, lumbago, joint pain leg, vitamin D deficiency, seizures and tobacco use. (Exhibit A, p 13). Appellant also reported that he is addicted to Opiates. (Exhibit A, p 12).

- 6. On the second of the Special Disensollment request was reviewed by Total Health Care, who forwarded a response to the Department. (Exhibit A, p 13).
- 7. On the second of the special Disensollment request and the response from Total Health Care were reviewed by MSA and denied as the information submitted did not describe an access to care issue that would allow for a change in health plans outside of the open enrollment period. (Exhibit A, p 11; Testimony).
- 8. On the Appellant's petition was reviewed again by Chief Medical Director, MDCH/MSA.

 concurred with the denial of special enrollment request dated (Exhibit A, pp. 2 and 73).
- 9. On writing, and was informed of his further appeal rights. (Exhibit A, p 11).
- 10. On (MAHS) received the instant request for hearing from the Appellant. (Exhibit 1). (Appellant had been told by Total Health Care that his request would likely be denied, so he filed his appeal prior to receiving the actual denial letter from the Department).

CONCLUSIONS OF LAW

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

42 CFR § 438.56 Disenrollment: Requirements and limitations.

- a. Applicability. The provisions of this section apply to all managed care arrangements whether enrollment is mandatory or voluntary and whether the contract is with an MCO, a PIHP, a PAHP, or a PCCM.
- Disenrollment requested by the MCO, PIHP, PAHP, or PCCM. All MCO, PIHP, PAHP, and PCCM contracts must—
 - Specify the reasons for which the MCO, PIHP, PAHP, or PCCM may request disenrollment of an enrollee;

- 2. Provide that the MCO, PIHP, PAHP, or PCCM may not request disenrollment because of an adverse change in the enrollee's health status, or because of the enrollee's utilization of medical services, diminished mental capacity, or uncooperative or disruptive behavior resulting from his or her special needs (except when his or her continued enrollment in the MCO, PIHP, PAHP, or PCCM seriously impairs the entity's ability to furnish services to either this particular enrollee or other enrollees); and
- 3. Specify the methods by which the MCO, PIHP, PAHP, or PCCM assures the agency that it does not request disenrollment for reasons other than those permitted under the contract.
- c. **Disenrollment requested by the enrollee**. If the State chooses to limit disenrollment, its MCO, PIHP, PAHP, and PCCM contracts must provide that a recipient may request disenrollment as follows:
 - 1. For cause, at any time.
 - 2. Without cause, at the following times:
 - i. During the 90 days following the date of the recipient's initial enrollment with the MCO, PIHP, PAHP, or PCCM, or the date the State sends the recipient notice of the enrollment, whichever is later.
 - ii. At least once every 12 months thereafter.
 - iii. Upon automatic reenrollment under paragraph (g) of this section, if the temporary loss of Medicaid eligibility has caused the recipient to miss the annual disenrollment opportunity.
 - iv. When the State imposes the intermediate sanction specified in §438.702(a)(3)

The Department's Contract disenrollment provisions must comply with the above-cited applicable Federal regulations for Health Plan contracts created under the authority of the Medical Assistance program. Code sections [42 CFR 438.100 and 438.708] provide the mechanism(s) for enrollee protection and the potential for health plan/MCO sanction.

Those sections provide:

438.100 Enrollee rights.

- a. General rule. The State must ensure that--
 - 1. Each MCO and PIHP has written policies regarding the enrollee rights specified in this section; and
 - 2. Each MCO, PIHP, PAHP, and PCCM complies with any applicable Federal and State laws that pertain to enrollee rights, and ensures that its staff and affiliated providers take those rights into account when furnishing services to enrollees.

b. Specific rights—

- 1. Basic requirement. The State must ensure that each managed care enrollee is guaranteed the rights as specified in paragraphs (b)(2) and (b)(3) of this section.
- 2. An enrollee of an MCO, PIHP, PAHP, or PCCM has the following rights: The right to-
 - i. Receive information in accordance with Sec. 438.10.
 - Be treated with respect and with due consideration for his or her dignity and privacy.
 - iii. Receive information on available treatment options and alternatives, presented in a manner appropriate to the enrollee's condition and ability to understand....

- iv. Participate in decisions regarding his or her health care, including the right to refuse treatment.
- v. Be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation, as specified in other Federal regulations on the use of restraints and seclusion.
- vi. If the privacy rule, as set forth in 45 CFR parts 160 and 164 subparts A and E, applies, request and receive a copy of his or her medical records, and request that they be amended or corrected, as specified in 45 CFR Sec. 164.524 and 164.526.
- 3. An enrollee of an MCO, PIHP, or PAHP (consistent with the scope of the PAHP's contracted services) has the right to be furnished health care services in accordance with 42 CFR 438.206 through 438.210.
- c. Free exercise of rights. The State must ensure that each enrollee is free to exercise his or her rights, and that the exercise of those rights does not adversely affect the way the MCO, PIHP, PAHP, or PCCM and its providers or the State agency treat the enrollee.
- d. Compliance with other Federal and State laws. The State must ensure that each MCO, PIHP, PAHP, and PCCM complies with any other applicable Federal and State laws (such as: title VI of the Civil Rights Act of 1964 as implemented by regulations at 45 CFR part 80; the Age Discrimination Act of 1975 as implemented by regulations at 45 CFR part 91; the Rehabilitation Act of 1973; and titles II and III of the Americans with Disabilities Act; and other laws regarding privacy and confidentiality). [67 FR 41095, June 14, 2002; 67 FR 65505, Oct. 25, 2002]

438.708 Termination of an MCO or PCCM contract.

A State has the authority to terminate an MCO or PCCM contract and enroll that entity's enrollees in other MCOs or PCCMs, or provide their Medicaid benefits through other

options included in the State plan, if the State determines that the MCO or PCCM has failed to do either of the following:

- a. Carry out the substantive terms of its contract; or
- b. Meet applicable requirements in sections 1932, 1903(m), and 1905(t) of the Act.

* * *

The Michigan Department of Community Health (MDCH), pursuant to the provisions of the Social Security Act Medical Assistance Program, contracts with <u>Total Health Care</u> Health Plan to provide State Medicaid Plan services to enrolled beneficiaries.

The Department's contract provides, as follows:

Disenrollment Requests Initiated by the Contractor

Special Disenrollments

The Contractor may initiate special disenrollment requests to DCH based on enrollee actions inconsistent with Contractor membership—for example, if there is fraud, abuse of the Contractor, or other intentional misconduct; or if, the enrollee's abusive or violent behavior poses a threat to the Contractor or provider. The Contractor is responsible for members until the date of disenrollment. Special disenrollment requests are divided into three categories:

- Violent/life-threatening situations involving physical acts of violence; physical or verbal threats of violence made against Contractor providers, staff, or the public at Contractor locations; or stalking situations
- Fraud/misrepresentation involving alteration or theft of prescriptions, misrepresentation of Contractor membership, or unauthorized use of CHCP benefits
- c. Other actions inconsistent with plan membership. Examples include, but are not limited to, the repeated use of non-Contractor providers without referral or when in-network providers are available; discharge from multiple practices of available Contractor's network providers; inappropriate use of prescription medication or drug seeking behaviors including

inappropriate use of emergency room facilities for drug-seeking purposes.

A Contractor may not request special disenrollment based on the physical or mental health status of the enrollee. If the enrollee's physical or mental health is a factor in the actions inconsistent with plan membership, the Contractor must document evidence of the Contractor's actions to assist the enrollee in correcting the problem, including appropriate physical and mental health referrals. The Contractor must also document that continued enrollment seriously impairs the Contractor or providers' ability to furnish services to this enrollee or other enrollees. DCH reserves the right to require additional information from the Contractor to assess the appropriateness of the disenrollment. The effective disenrollment date shall be within 60 days from the date DCH received the complete request from the Contractor that contains all information necessary for DCH to render a decision. If the beneficiary exercises their right of appeal, the effective disenrollment date shall be no later than 30 days following resolution of the appeal.

[Contract at §1-B page 21]

Disenrollment Requests Initiated by the Enrollee

- (1) Medical Exception: The beneficiary may request an exception to enrollment in the CHCP if he or she has a serious medical condition and is undergoing active treatment for that condition with a physician that does not participate with the Contractor at the time of enrollment. The beneficiary must submit a medical exception request to DCH.
- (2) **Disenrollment for Cause**: The enrollee may request that DCH review a request for disenrollment for cause from a Contractor's plan at any time during the enrollment period to allow the beneficiary to enroll in another health plan. Reasons cited in a request for disenrollment for cause may include lack of access to providers or necessary specialty services covered under the Contract or concerns with quality of care. Beneficiaries must demonstrate that appropriate care is not available by providers within the Contractor's

provider network or through non-network providers approved by the Contractor.

[Contract at §1-C, page 22]

The Department witness testified that the Appellant's request for disenrollment was denied as there was no proof of a lack of access to care, or inability to arrange medical services or active treatment issue that would justify disenrollment outside of the normal open enrollment period.

According to the Department witness, open enrollment is provided to the Appellant in September.

The Department witness advised further that Appellant's request for disenrollment was based on his desire to see a particular doctor for his substance abuse issues. However, the Department witness pointed out that Medicaid Health Plans are not required to provide substance abuse services as those services are provided through the local Community Mental Health office. Appellant was advised of this fact during the hearing.

Appellant testified that he thought he could change health plans for the first time at any time. Since Appellant had only ever been enrolled in the Total Health Care Plan, he thought he could change plans at this time.

On review, the evidence shows that there was no medical information provided from a physician that would support an access to care or services issue that would allow for a change in Medicaid Health Plans outside of the open enrollment period. Substance abuse treatment is not the responsibility of the Medicaid Health Plan as these services are provided through the local Community Mental Health office. Total Health Care has provided the care and services they are responsible to provide to Appellant and they have advised Appellant of the contact information for the local CMH office should he wish to seek substance abuse treatment there.

The Appellant failed to meet his burden of proof that his request for disenrollment was justified owing to an active serious medical condition, an access to care issue, lack of specialty care or a quality of care issue.

DECISION AND ORDER

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that the Department properly denied the Appellant's request for disenrollment for cause.

IT IS THEREFORE ORDERED that:

The Department's decision is **AFFIRMED**.

/s/

Robert J. Meade
Administrative Law Judge
for James K. Haveman, Director
Michigan Department of Community Health

cc:



Date Mailed: January 17, 2013

*** NOTICE ***

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.