# STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARINGS SYSTEM FOR THE DEPARTMENT OF COMMUNITY HEALTH

P.O. Box 30763, Lansing, MI 48909 (877) 833-0870; Fax: (517) 334-9505

IN THE MATTER OF:

4.

(Exhibit A, p 11)

	Case No. 2012-66459 EDW
Appe	llant /
DECISION AND ORDER	
	is before the undersigned Administ rative Law Judge pursuant to MCL 400.9 431.200 et seq. upon the Appellant's request for a hearing.
	tice, a hearing was held on Appellant, (Appellant) appeared and testified on his own behalf.
MI Choice V	Clinical Manager, appeared and testified on behalf of the Department's Vaiver Agency, Area Agency on Aging 1-B. (Waiver Agency or AAA 1-B)
<u>ISSUE</u>	
	ne Waiver Agency properly deny the Appellant's request for 3 additional of care per day through self-determination?
FINDINGS (	OF FACT
	strative Law Judge, based upon the competent, material and substantial the whole record, finds as material fact:
1.	The Department contracts with Ar ea Agen cy on Agin g 1-B (AAA 1-B or Waiver Agency) to provide MI Choi ce Waiver services to eligib le beneficiaries.
2.	AAA 1-B must implement the MI Choice Waiver program in accordance to Michigan's waiver agreement, Department policy and its contract with the Department.
3.	Appellant is a Medicaid beneficiary, born (Exhibits A, p 3).

Appellant's primary diagnosis is renal failure. A ppellant is also diagnosed

with hyp ertension, arthritis, anxiety, depression and diab etes mellitus.

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- 5. Appellant resides alone in a gat ed condominium complex. Appellant's medical and accommodating equipment includes oxygen tanks, slide board, bedside commode, handheld shower, hospital bed with alt ernating pressure mattress to help reduce pressure point, trapeze attached to overhead f rame on bed, partially elec tric wheelchair, and a borrowed Hoyer lift. (Exhibit A, p 8)
- 6. Appellant has a str ong and s upportive relationship with his family, who visit weekly. Appellant's brother determination workers. (Exhibit A, pp 6-7)
- 7. Appellant attends dialysis three ti mes per week and physical therapy two times per week. (Exhibit A, p 18)
- 8. During his reassessment on doctor recommended that his c are hours be increased by three hours per day because Appellant is at risk of falling and has had frequent falls in the past. (Exhibit A, p 18) Appellant reported two previously unreported falls: one on when Appellant fell while being transferred to the stretcher to go to dialysis, and one on when Appellant fell while being transferred to the van transporting him to physical ther apy because his care work ers failed to properly secure him. (Exhibit A, p 20)
- 9. On Appellant's r equest for an additional 3 hours of care through self-determination was denied by the Waiver Agency. (E xhibit A, pp 18, 20).
- 10. Appellant's request for hearing was received by the Michigan Administrative Hearing System on (Exhibit 1).

### **CONCLUSIONS OF LAW**

The Medic al Ass istance Program is establis hed purs uant to Tit le XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR).

It is administered in accordance with stat e statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

This Appellant is c laiming services thr ough the Department's Home and Communit y Based Services for Elderly and Disabled (HCBS/ED). The waiver is called MI Choice in Michigan. The program is funded through the federal Center s for Medicare and Medicaid (formerly HCFA) to the Mich igan Department of Community Health (Department). Regional agen cies, in this case an Area Agency on Aging (AAA), function as the Department's administrative agency.

Waivers are intended to prov ide the flexibility needed to

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enable States to try new or different approaches to the efficient and cost-effective delivery of health care services, or to adapt their programs to the special needs of particular areas or groups of recipients. Waivers allow exceptions to State plan requirements and permit a State to implement innovative programs or activities on a time-limited basis, and subject to specific safeguards for the protection of recipients and the program. Detailed rules for waivers are set forth in subpart B of part 431, subpart A of part 440 and subpart G of part 441 of this chapter. 42 CFR 430.25(b)

A waiver under section 1915(c) of the [Social Security] Act allows a State to include as "medical assistance" under it s plan, home and comm unity based services furnished to recipients who would otherwise need inpatient care that is furnished in a hospital, SNF [Skilled Nursing Facility], ICF [Intermediate Care Facility], or ICF/MR [Intermediate Care Facility/Mentally Retarded], and is re imbursable under the State Plan. 42 CF R 430.25(c)(2).

Home and community based services means—services not otherwise furnished under the State's Medicaid plan, that are fu—rnished under a waiv—er granted under the provisions of part 441, subpart G of this subchapter. 42 CFR 440.180(a).

Home or community-based services may include the following services, as they are defined by the agency and approved by CMS:

- Case management services.
- Homemaker services.
- Home health aide services.
- Personal care services.
- Adult day health services
- Habilitation services.
- Respite care services.
- Day treatment or other parti al hos pitalization services, psychosocial rehabilitation services and clinic services (whether or not furnished in a facility) fo r individuals with chronic mental illness, subject to the conditions specified in paragr aph (d) of this section.

Other services requested by the agency and approved by CMS as cost effective and necessary to avoid institutionalization. 42 CFR 440.180(b).

The MI Choice Waiver defines Personal Care services as follows:

"...assistance with eating, ba thing, dressing, per sonal

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hygiene, and other activities of daily livin g. This service may include as sistance with the pr eparation of meals but does not include the cost of the meals. When specified in the plan of care, this service may also include suc housekeeping chores as bed making, dusting and vacuuming which are incidental to the care furnished, or which are essential to the health and welfare of the individual, rather than the individual's family...."

Michigan Medicaid Provider Manual MI Choice Waiver Section July 1, 2012, Pages 9-11

The MI Choice Waiver Program is a Medicaid-funded program and its Medicaid funding is a payor of last resort. In addition, Medicaid beneficiaries are only entitled to medically necessary Medicaid c overed services. 42 CFR 440.230. In order to assess what MI Choice Waiver Program services are medically necessary, and therefore Medicaid-covered, the Waiver Agency performs periodic assessments.

Appellant requested that he receive an additional 3 hours per day of self-determination hours and therefore bears the bu rden of proving, by a preponder ance of evidence, that those hours are medically necessary.

The Waiver Agency representative testified that Appellant's request for 3 additional hours of care per day through self-det ermination was denied because both of Appellant's recent falls occurred in the presence of care workers. As such, the Waiver Agency reasoned that additional hours would not prevent falls given that both of Appellant's most recent falls occurred while he was being assisted, and becaus e Appellant does not transfer at all on his own. The Waiver Agency representative testified that Appellant's first recourse to prevent falling should be to work through his physical therapy to evaluate his transfers and assist with the training of workers to prevent falls.

Appellant testified that this decision should be based on his doctor's orders, not on the decisions of nurses and social wo rkers. Appellant indicated also that his reporting of incidents, such as his falls, is not relia ble because he c annot always remember things clearly and he often times has flaws in his th inking patters. Appellant indicated that he has had several hos pitalizations in the past due to falls and that his doctors have recommended that he always have two people—assist him when he does transfers. Petitioner submitted two letters from his doctors, but neither letter directly supported his request for 3 additional hours of care per day. (Exhibit 2). The first letter was from but was dated—or approximately three months after the denial in question here. As such, this letter is irrelevant. The second letter was from was undated, and indicated that Appellant needs two persons to assist him when standing and transferring and "therefore needs 6 hrs/ day". (Exhibit 2). Given

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that Appellant is already receiving 12 hours of care per day, it is unclear how this letter supports his request.

The Waiver Agency r epresentative pointed out that the MI Choice Waiver Program is not operated under doctor's orders but rather according to policy found in the MI Choice Waiver Section of the Michigan Medicaid Manual and the Waiver Agency's contract with the Department of Community Health.

This ALJ finds the MI Choice Waiver Agency properly denied the Appellant's request for an additional 3 hours per day of care services. The evidence shows that additional care hours would not have prevented Appellant's most recent falls because Appellant was being assisted during those instances. Sinc e Appellant does not transfer at all on his own, he will a lways be in the presence of a care worker while transferring. As s uch, additional hours of care would do nothing to alleviate Appe llant's risk of falling. Accordingly, the Appellant has failed to meet his burden of showing by a preponderance of evidence that 3 additional care hours were medically necessary.

#### **DECISION AND ORDER**

Based on the above findings of fact and conclus ions of law, this Administrative Law Judge finds the MI Choice Waiver Agency properly denied the Appellant's request for 3 additional care hours per day.

#### IT IS THEREFORE ORDERED that:

The MI Choice Waiver Agency's decision is AFFIRMED.

Robert J. Meade
Administrative Law Judge
for James K. Haveman, Director
Michigan Department of Community Health

cc:

Date Mailed: 10/25/2012

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#### \*\*\* NOTICE \*\*\*

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.