

**STATE OF MICHIGAN  
MICHIGAN ADMINISTRATIVE HEARING SYSTEM  
FOR THE DEPARTMENT OF COMMUNITY HEALTH**  
P. O. Box 30763, Lansing, MI 48909  
(877) 833-0870; Fax (517) 334-9505

IN THE MATTER OF:

██████████

Appellant

\_\_\_\_\_ /

**Docket No.** 2012-55480 CMH  
**Case No.** ██████████

**DECISION AND ORDER**

This matter is before the undersigned Administrative Law Judge, pursuant to MCL 400.9 and 42 CFR 431.200 *et seq.* and upon the Appellant's request for a hearing.

After due notice, a hearing was held on ██████████ ██████████, Appellant's mother, appeared and testified on behalf of Appellant. ██████████, Manager of Due Process, appeared on behalf of the Genesee County Community Mental Health (CMH). ██████████ Care Coordinator in the Utilization Management Department, appeared as a witness for the CMH.

**ISSUE**

Did the CMH properly deny Appellant's request for 75 hours of respite care services per month and instead authorize 25 hours of such services per month?

**FINDINGS OF FACT**

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

1. Appellant is a ██████████ female who has been diagnosed with attention deficit hyperactivity disorder (ADHD) and as emotionally impaired. (Exhibit 1, pages 1, 3).
2. The CMH is under contract with the Department of Community Health (MDCH) to provide Medicaid covered services to people who reside in the CMH service area.
3. Appellant has been receiving 75 hours of respite care services per month through the CMH. (Exhibit 1, page 2; Testimony of Dahl).
4. On ██████████ the CMH conducted a new respite assessment. (Exhibit 1, pages 1-5). During that assessment, Appellant's mother again requested 75 hours of respite care per month. (Exhibit 1, page 2).

5. Based on the new assessment and the scoring tool used by the CMH, the CMH found that 25 hours of respite care per month were medically necessary. (Testimony of Dahl).
6. On ██████████ the CMH sent notice to Appellant notifying her that the request for 75 hours per month of respite was denied, but that 25 hours of respite per month were approved effective ██████████ (Exhibit 1, pages 6-8).
7. The Michigan Administrative Hearing System (MAHS) received a Request for Hearing filed on behalf of Appellant on ██████████ (Exhibit 2, page 1).

### **CONCLUSIONS OF LAW**

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

Title XIX of the Social Security Act, enacted in 1965, authorizes Federal grants to States for medical assistance to low-income persons who are age 65 or over, blind, disabled, or members of families with dependent children or qualified pregnant women or children. The program is jointly financed by the Federal and State governments and administered by States. Within broad Federal rules, each State decides eligible groups, types and range of services, payment levels for services, and administrative and operating procedures. Payments for services are made directly by the State to the individuals or entities that furnish the services.

(42 CFR 430.0)

The State plan is a comprehensive written statement submitted by the agency describing the nature and scope of its Medicaid program and giving assurance that it will be administered in conformity with the specific requirements of title XIX, the regulations in this Chapter IV, and other applicable official issuances of the Department. The State plan contains all information necessary for CMS to determine whether the plan can be approved to serve as a basis for Federal financial participation (FFP) in the State program.

(42 CFR 430.10)

Section 1915(b) of the Social Security Act provides:

The Secretary, to the extent he finds it to be cost-effective and efficient and not inconsistent with the purposes of this subchapter, may waive such requirements of section 1396a of this title (other than subsection(s) of this section) (other than sections 1396a(a)(15), 1396a(bb), and 1396a(a)(10)(A) of this title insofar as it requires provision of the care and services described in section 1396d(a)(2)(C) of this title) as may be necessary for a State...

(42 USC 1396n(b))

The State of Michigan has opted to simultaneously utilize the authorities of the 1915(b) and 1915(c) programs to provide a continuum of services to disabled and/or elderly populations. Under approval from the Centers for Medicare and Medicaid Services (CMS) the Department of Community Health (MDCH) operates a section 1915(b) and 1915(c) Medicaid Managed Specialty Services and Support program waiver.

The Medicaid Provider Manual (MPM), Mental Health/Substance Abuse Section, articulates the relevant policy and, with respect to respite care services, it states:

### **17.3.J. RESPITE CARE SERVICES**

Respite care services are intended to assist in maintaining a goal of living in a natural community home and are provided on a short-term, intermittent basis to relieve the beneficiary's family or other primary caregiver(s) from daily stress and care demands during times when they are providing unpaid care. Respite is not intended to be provided on a continuous, long-term basis where it is a part of daily services that would enable an unpaid caregiver to work elsewhere full time. In those cases, community living supports, or other services of paid support or training staff, should be used. Decisions about the methods and amounts of respite should be decided during person centered planning. PIHPs may not require active clinical treatment as a prerequisite for receiving respite care. These services do not supplant or substitute for community living support or other services of paid support/training staff.

- "Short-term" means the respite service is provided during a limited period of time (e.g., a few hours, a few days, weekends, or for vacations).

- "Intermittent" means the respite service does not occur regularly or continuously. The service stops and starts repeatedly or with a time period in between.
- "Primary" caregivers are typically the same people who provide at least some unpaid supports daily.
- "Unpaid" means that respite may only be provided during those portions of the day when no one is being paid to provide the care, i.e., not a time when the beneficiary is receiving a paid State Plan (e.g., home help) or waiver service (e.g., community living supports) or service through other programs (e.g., school).

Since adult beneficiaries living at home typically receive home help services and hire their family members, respite is not available when the family member is being paid to provide the home help service, but may be available at other times throughout the day when the caregiver is not paid.

Respite care may be provided in the following settings:

- Beneficiary's home or place of residence
- Licensed family foster care home
- Facility approved by the State that is not a private residence, (e.g., group home or licensed respite care facility)
- Home of a friend or relative chosen by the beneficiary and members of the planning team
- Licensed camp
- In community (social/recreational) settings with a respite worker trained, if needed, by the family

Respite care may not be provided in:

- day program settings

- ICF/MRs, nursing homes, or hospitals

Respite care may not be provided by:

- parent of a minor beneficiary receiving the service
- spouse of the beneficiary served
- beneficiary's guardian
- unpaid primary care giver

Cost of room and board must not be included as part of the respite care unless provided as part of the respite care in a facility that is not a private residence.

(MPM, Mental Health and Substance Abuse Section,  
April 1, 2012, pages 118-120)

However, Medicaid beneficiaries are only entitled to medically necessary Medicaid covered services and the Specialty Services and Support program waiver did not waive the federal Medicaid regulation that requires that authorized services be medically necessary. See 42 CFR 440.230. Regarding medical necessity, the MPM provides:

#### **2.5.A. MEDICAL NECESSITY CRITERIA**

Mental health, developmental disabilities, and substance abuse services are supports, services, and treatment:

- Necessary for screening and assessing the presence of a mental illness, developmental disability or substance use disorder; and/or
- Required to identify and evaluate a mental illness, developmental disability or substance use disorder; and/or
- Intended to treat, ameliorate, diminish or stabilize the symptoms of mental illness, developmental disability or substance use disorder; and/or

- Expected to arrest or delay the progression of a mental illness, developmental disability, or substance use disorder; and/or
- Designed to assist the beneficiary to attain or maintain a sufficient level of functioning in order to achieve his goals of community inclusion and participation, independence, recovery, or productivity.

(MPM, Mental Health and Substance Abuse Section,  
April 1, 2012, pages 12-13)

The MPM also describes the criteria the CMH must apply before Medicaid can pay for outpatient mental health benefits as medically necessary:

### **2.5.B. DETERMINATION CRITERIA**

The determination of a medically necessary support, service or treatment must be:

- Based on information provided by the beneficiary, beneficiary's family, and/or other individuals (e.g., friends, personal assistants/aides) who know the beneficiary; and
- Based on clinical information from the beneficiary's primary care physician or health care professionals with relevant qualifications who have evaluated the beneficiary; and
- For beneficiaries with mental illness or developmental disabilities, based on person-centered planning, and for beneficiaries with substance use disorders, individualized treatment planning; and
- Made by appropriately trained mental health, developmental disabilities, or substance abuse professionals with sufficient clinical experience; and
- Made within federal and state standards for timeliness; and

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- Sufficient in amount, scope and duration of the service(s) to reasonably achieve its/their purpose.
- Documented in the individual plan of service.

(MPM, Mental Health and Substance Abuse Section,  
April 1, 2012, page 13)

In addition to requiring medical necessity, the MPM also states that B3 supports and services, such as respite care services, are not intended to meet every minute of need, in particular when parents of children without disabilities would be expected to be providing care:

Decisions regarding the authorization of a B3 service (including the amount, scope and duration) must take into account the PIHP's documented capacity to reasonably and equitably serve other Medicaid beneficiaries who also have needs for these services. The B3 supports and services are not intended to meet all the individual's needs and preferences, as some needs may be better met by community and other natural supports. Natural supports mean unpaid assistance provided to the beneficiary by people in his/her network (family, friends, neighbors, community volunteers) who are willing and able to provide such assistance. It is reasonable to expect that parents of minor children with disabilities will provide the same level of care they would provide to their children without disabilities. MDCH encourages the use of natural supports to assist in meeting an individual's needs to the extent that the family or friends who provide the natural supports are willing and able to provide this assistance. PIHPs may not require a beneficiary's natural support network to provide such assistance as a condition for receiving specialty mental health supports and services. The use of natural supports must be documented in the beneficiary's individual plan of service.

(MPM, Mental Health and Substance Abuse Section,  
April 1, 2012, page 106)

Here, CMH witness ██████████, Care Coordinator for the Utilization Management Section of the CMH, testified regarding the assessment and allocation of respite hours in this case. ██████ testified that MDCH does not provide a screening tool for respite care, so the CMH has developed its own tool that is only used in Genesee County. According to ██████ staff from Child and Family Services meets with the parent(s) and fills out the respite assessment form. However, in conducting the respite assessment,

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the staffs that complete the respite assessments are not given the scoring tool so they cannot manipulate the answers on the assessment or affect the number of respite hours to be approved. Those clinicians are simply charged with obtaining accurate information from the client when filling out the respite assessment. Subsequently, Utilization Management receives a request for authorization, along with the respite assessment, and Utilization Management Coordinators apply a scoring tool and assign respite hours based on the respite assessment.

██████ further testified that the scoring tool was changed recently in part because the CMH was an outlier in awarding respite hours and the old scoring tool was deemed too subjective. For example, the starting point of 20 hours of respite care per month under the prior scoring tool has been eliminated. Another change was to clarify the behavioral section in order to remove the subjectivity from the scoring and achieved more accurate and uniform scoring within their department. ██████ also testified that, in her professional opinion, the scoring tool now being used by the CMH accurately reflects the client's needs for respite services.

With respect to Appellant's score, ██████ testified that she was not the initial reviewer, but she would have scored Appellant the same as the initial reviewer and she agreed with the allocation of 25 respite hours per month.

According to the scoring tool, Appellant was awarded 2 respite hours because Appellant's primary caregiver, her mother, has a condition that interferes with the provision of care, and 2 respite hours because she has 1-2 interventions per night or the time required to complete the intervention is less than an hour. Appellant did not receive any respite hours based on her number of caregivers or their work/school schedule because she has two caregivers, her parents, both of whom do not work or attend school.

██████ also testified that, per the scoring tool, Appellant was awarded 2 respite hours per month because she is verbally abusive daily, 3 respite hours because she is physically abusive to others daily, 2 respite hours because she is physically abusive to herself weekly, 2 respite hours because she destroys or disrupts property weekly, and 1 respite hour because she has daily temper tantrums.

██████ further testified Appellant was awarded no further respite hours based on the presence of a behavior plan. While the respite assessment form states that Appellant does have a behavioral plan in place, which would entitle her to another 10 respite hours per month, the form appears to refer to a school plan and not one incorporated into her person centered plan with the CMH, as required by the scoring tool.

██████ also testified Appellant was awarded 2 respite hours per month for self care-oral care because Appellant requires reminding and 2 respite hours because Appellant requires reminding with respect to self care-bathing. According to ██████ Appellant was also awarded 4 respite hours per month because she requires assistance with grooming



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and 3 respite hours because she requires extensive prompting and encouragement to participate in things.

According to ██████, if anything in the “other clinical needs” section justifies additional respite hours, then the scorer could contact the scorer’s supervisor and have additional hours awarded. No such hours were awarded in this case. According to ██████ everything discussed in that section was covered by other areas.

██████ further testified that she referred to the Medicaid Provider Manual policy section for determination of medical necessity. She noted that the policy allows a PIHP to employ various methods in order to determine the amount, scope and duration of services, including respite services. ██████ also testified that respite services are to provide a temporary break for an unpaid caregiver and are not intended to be provided on a continuous or daily basis.

In response, Appellant’s mother testified that the information recorded in the respite assessment form regarding Appellant’s caregivers is incorrect. According to Appellant’s mother, Appellant’s father is incapable of controlling Appellant’s behavior and does not do much, to the extent that he should not even be considered a caregiver. However, Appellant’s mother also testified that Appellant’s father lives in the home, will try to provide care to Appellant, and will step in if Appellant gets physical with other people. Given that later testimony, Appellant’s father was properly considered to be a caregiver. Moreover, like Appellant’s mother, he does not work or attend school, and the CMH properly denied any allocation of respite hours based on Appellant’s caregivers.

Additionally, Appellant’s mother testified that Appellant’s circumstances have changed since the assessment and that her behaviors have worsened. Appellant is also on leave from school and is home more, which is difficult for her caregivers to handle. However, this Administrative Law Judge’s jurisdiction is limited to reviewing the CMH’s decision in light of the information available at the time it made its decision. To the extent Appellant’s condition has worsened since the denial, her mother must make a new request to the CMH for services.

With respect to any other additional hours, Appellant bears the burden of proving by a preponderance of evidence that there was medical necessity for the additional hours of respite requested. Here, Appellant did not meet that burden of proof. While Appellant’s mother described Appellant’s behaviors and the need for respite, those behaviors and needs were expressly accounted for in the respite assessment form. To the extent there is information that the CMH did not have at the time or that has changed since the assessment, those issues would have to be raised in a new appeal. Here, the CMH adequately explained what led to a decrease in Appellant’s respite hours and how it calculated the number of respite hours that are medically necessary. In particular, its witness described how changes in the respite assessment process could lead to a decrease in service despite a client’s condition remaining the same. The CMH also provided evidence that it adhered to the relevant regulations and state policy by not authorizing respite other than to provide temporary relief for Appellant’s caregivers.

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Similarly, this Administrative Law Judge must follow the Code of Federal Regulations and the state Medicaid policy, and is without authority to grant respite hours not in accordance with those regulations and policies.

Applying the relevant policy and facts in this case, the CMH's decision to deny the request for 75 hours of respite care services per month and only authorize of 25 hours of respite care services per month must be sustained as it is reflective of the need for assistance and provides Appellant's caregivers with significant, temporary relief.

**DECISION AND ORDER**

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that the CMH properly authorized 25 hours of respite care per month for Appellant.

**IT IS THEREFORE ORDERED** that:

The CMH decision is **AFFIRMED**.

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Steven J. Kibit  
Administrative Law Judge  
for Olga Dazzo, Director  
Michigan Department of Community Health

cc:

[REDACTED]

Date Mailed: 7/25/2012

**\*\*\* NOTICE \*\*\***

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.