# STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARINGS SYSTEM FOR THE DEPARTMENT OF COMMUNITY HEALTH

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IN THE MATTER OF:			
Case	<b>;</b>	Docket No. : No.	2012-53282 EDW
Appellant/			
DECISION AND ORDER			
This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 and 42 CFR 431.200 et seq. upon the Appellant's request for a hearing.			
After due notice, a hearing appeared on his own behalf. Hearing Representative on hearing at the number provided by Appella absence.	While Appellanis Request fo reproved on the contract of the co	Hearing, the unders the Request for H e	aring or at an altern <u>ate</u>
Rochel Genge, R.N., CCM Nursing Superv isor, represented the the Region VII Area Agenc y on Aging, (Waiver Agency or Region VII AAA). Sta cy Lopez, Social Worker, appeared as a wit ness on behalf of the Waiver Agency.			
ISSUE			
Did the Waiver Agency properly reduce the Appellant's personal care and homemaker hours by 10 hours per week?			
FINDINGS OF FACT			
The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:			
1. Appellant is a Medicaid beneficiary, born (Exhibit 1, p 11)			
Appellant is currently enrolled in the MI Choice Waiver Program.     (Testimony).			
3. Appellant's dia	agnosis include:		

## Docket No. 2012-53282-EDW Hearing Decision & Order

Appellant has a this time. Appellant has a (Exhibit 1, pp 22-23).

- The Appellant resides alone in an apartment and he has no Appellant has limited informal supports and social functioning. (Exhibit 1, p 17; Testimony).
- 5. On a Waiver Agency social worker and nurse met with Appellant in his home and performed a full reassessment. (Exhibit 1, pp 9-31).
- During the reassess ment the Waiv er Agency social worker and nurs e asked the Appellant questions , obs erved his abilities and c onsulted Appellant's other medical documentation. (Exhibit 1, pp 9-31).
- 7. Based on the reassessment, the Waiver Agency determined that a reduction in Ap pellant's personal care and homemaker hours by 10 hours per week was appropriate because those 10 hours were not being used according to the (Exhibit 1, p 9; Testimony).
- 8. On the Waiver Agency provided Appellant with notice of the reduction in his personal care and homemaker hours by 10 hours per week (Exhibit 1, p 3).
- 9. On the Appellant requested a hearing to contest the reduction of personal care and homemaker hours. (Exhibit 2).

### CONCLUSIONS OF LAW

The Medic al Ass istance Program is establis hed purs uant to Tit le XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR).

It is administered in accordance with stat e statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

This Appellant is c laiming services thr ough the Department's Home and Communit y Based Services for Elderly and Disabled (HCBS/ED). The waiver is called MI Choice in Michigan. The program is funded through the federal Center s for Medicare and Medicaid (formerly HCFA) to the Mich igan Department of Community Health (Department). Regional agen cies, in this case an Area Agency on Aging (AAA), function as the Department's administrative agency.

Waivers are intended to prov ide the flexibility needed to

# Docket No. 2012-53282-EDW Hearing Decision & Order

enable States to try new or different approaches to the efficient and cost-effective delivery of health care services, or to adapt their programs to the special needs of particular areas or groups of recipients. Waivers allow exceptions to State plan requirements and permit a State to implement innovative programs or activities on a time-limited basis, and subject to specific safeguards for the protection of recipients and the program. Detailed rules for waivers are set forth in subpart B of part 431, subpart A of part 440 and subpart G of part 441 of this chapter. 42 CFR 430.25(b)

A waiver under section 1915(c) of the [Social Security] Act allows a State to include as "medical assistance" under its plan, home and comm unity based services furnished to recipients who would otherwise need inpatient care that is furnished in a hospital, SNF [Skilled Nursing Facility], ICF [Intermediate Care Facility], or ICF/MR [Intermediate Care Facility/Mentally Retarded], and is re imbursable under the State Plan. 42 CF R 430.25(c)(2)

Home and community based services means services not otherwise furnished under the State's Medicaid plan, that are furnished under a waiver granted under the provisions of part 441, subpart G of this subchapter. 42 CFR 440.180(a).

Home or community-based services may include the following services, as they are defined by the agency and approved by CMS:

- Case management services.
- Homemaker services.
- Home health aide services.
- Personal care services.
- Adult day health services
- Habilitation services.
- Respite care services.
- Day treatment or other partial partial all hos pitalization services, psychosocial rehabilitation services and clinic services (whether or not furnished in a facility) for individuals with chronic mental illness, subject to the conditions specified in paragraph (d) of this section.

Other services requested by the agency and approved by CMS as cost effective and necessary to avoid institutionalization. 42 CFR 440.180(b).

# Docket No. 2012-53282-EDW Hearing Decision & Order

The MI Choice Waiv er Program list servic es available under the waiver pr ogram and address the standards expected for each servic e. The Operating Standards include personal care services and homemaker services.

The MI Choice Waiver defines Homemaker services as follows:

Homemaker services include the performance of general household tasks (e.g., meal preparation and routine household cleaning and mainthe enance) provided by a qualified homemaker when the individual regularely responsible for these activities, e.g., the participanthor an informal supports provider, is temporarily absent or unable to manage the home and upkeep for himself or herself. Each provider of Homemaker services must observe and report any change in the participant's condition or of the home environment to the supports coordinator.

The MI Choice Waiver defines Personal Care services as follows:

"...assistance with eating, ba thing, dressing, per sonal hygiene, and other activities of daily living. This service may include as sistance with the pr eparation of meals but does not include the cost of the meals. When specified in the plan of care, this service may also include suc housekeeping chores as bed making, dusting and vacuuming which are incidental to the care furnished, or which are essential to the health and welfare of the individual, rather than the individual's family..."

Michigan Medicaid Provider Manual MI Choice Waiver Section July 1, 2012, Pages 9-11

The MI Choice Waiver Program is a Medicaid-funded program and its Medicaid funding is a payor of last resort. In addition, Medicaid beneficiaries are only entitled to medically necessary Medicaid c overed services. 42 CFR 440.230. In order to assess what services are medically necessary, and therefore Medicaid-covered, the Waiver Agency performs periodic assessments.

The Appellant was receiving 6 hours per day (42 hours per week) personal care an dhomemaker services through the MI Choi ce Waiv er Program. These hours were allocated from 8-10 am, 12-2 pm and 4-6 pm each day. The Appellant bears the burden of proving, by a preponderance of evidence, that the 42 hour s per week are medically necessary.

At the reassessment on it was reported by A ppellant and his friend

### Docket No. 2012-53282-EDW Hearing Decision & Order

that one of Appellant's car egivers was not there comple ting services, but instead was sleeping on the couch. Appellant repeat edly stated that it was okay because the caregiver was his friend. It was discuss ed with Appellant that this was not an appropriate use of caregiver hours and that a reduction would be appropriate. Appellant agreed. It was discus sed that Appellant's personal c are and homemaker hours would be reduced by 2 hours per day 5 days per w eek, removing the 12-2 pm service hours on Sunday, Monday, Thursday, Friday, and Saturday. Appellant would continue to have 6 hours per day of services on Tuesday and Wednesday. Appellant agreed that he could feed himself and prepare a light meal for lunch on the days when he did not have services from 12-2 pm, or he could sign up for home delivered meals for lunch on those days.

The Appellant testified that it is hard fo r him to prepare meals and that he needs the assistance. Appellant testified that he wanted to continue to receive 42 hour s per week personal care and homemaker hours.

It should be noted that Appellant's Request for Hearing was completed by the caregiver who was found to be sleeping on the job, w ho is also the caregiver who would be affected by the reduction in Appellant's caregiver hours. Appellant expressed no dissatisfaction with the decrease in hours during the in-person reassessment on

This ALJ finds that the Waiver Agency pr operly authorized 32 hours per week as an appropriate number of personal care and homemaker service hours to meet the medically necessary needs of Appellant. The Appellant failed to establish by a preponderance of the evidence that 42 personal care and homemaker hours per week were medically necessary. It is clear that Appellant was not using the 10 hours of personal care and homemaker hours appropriately given that the caregiver in question was often sleeping on Appellant's couch during this time. Medicaid beneficiaries are only entitled to medically necessary Medicaid covered services, thus additional personal care services and homemaker services cannot be authorized for the Appellant bas ed upon the evidence of record. 42 CFR 440.230.

### **DECISION AND ORDER**

Based on the above findings of fact and conclus ions of law, this Administrative Law Judge finds the MIC hoice Waiver Agency properly reduced the Appellant's personal care and homemaker hours to 32 per week.

#### IT IS THEREFORE ORDERED that:

The MI Choice Waiver Agency's decision is AFFIRMED.

Robert J. Meade
Administrative Law Judge
for Olga Dazzo, Director
Michigan Department of Community Health



Date Mailed:

### \*\*\* NOTICE \*\*\*

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.