

**STATE OF MICHIGAN
MICHIGAN ADMINISTRATIVE HEARING SYSTEM
FOR THE DEPARTMENT OF COMMUNITY HEALTH**

P. O. Box 30763, Lansing, MI 48909
(877) 833-0870; Fax (517) 334-9505

IN THE MATTER OF:

██████████,

Appellant

Docket No. 2011-25149 CMH

Case No. ██████████

DECISION AND ORDER

This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 upon the Appellant's request for a hearing.

After due notice, a hearing was held ██████████. ██████████, the Appellant's mother, served as his hearing representative. ██████████ was present and testified on his own behalf. ██████████ was present on behalf of the Appellant.

██████████ Community Mental Health (CMH), represented the CMH. ██████████ with the ██████████ Community Mental Health appeared as a witness for the Department. ██████████ of the CMH was present on behalf of the Department.

ISSUE

Did the CMH properly deny the Appellant's request for community living supports hours and additional respite services?

FINDINGS OF FACT

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

1. The Appellant is a Medicaid beneficiary receiving services through ██████████ Community Mental Health (CMH).
2. The Appellant qualifies for services provided through the CMH as a person with developmental disability.
3. CMH is under contract with the Department of Community Health (MDCH) to provide Medicaid covered services to people who reside in the CMH service area.
4. The Appellant is a ██████████ year-old male. The Appellant is diagnosed with

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Duchenne Muscular Dystrophy. He is wheelchair dependent.

5. The Appellant's medical status results in him being fully physically dependent for hands on assistance with all activities of daily living and all instrumental activities of daily living.
6. The Appellant requires medical interventions be provided which include intermittent catheterization, ventilator care and trach care.
7. The Appellant is unable to drink without physical assistance being provided.
8. The Appellant has some limited ability to feed himself certain foods, with physical assistance.
9. The Appellant lives with his mother and sister in the family home.
10. The Appellant cannot sleep alone in his family residence as he is unable to escape a fire or other emergency which requires evacuation from the home.
11. The Appellant receives Home Help Services (HHS) through the Department of Human Services (DHS).
12. The Appellant is dependent upon his mother for all his transportation needs outside of his home.
13. In Appellant's most recent IPOS he requested an increase in respite hours and authorization for CLS.
14. The Appellant was authorized 4 hours of respite per week by the CMH.
15. The Appellant was denied CLS services by the CMH, which cited Home Help as the appropriate service provider for personal care needs.
16. The CMH denied the request for CLS in part due to the Appellant's high need for physical assistance in the community.
17. The Appellant has no assistance provided him to attend school at community college.
18. The Appellant is fully dependent upon his mother to access the community for any reason.
19. The Appellant's mother works 2 jobs, as many as 70 hours per week at times.
20. The Appellant's sister is able and willing to participate in some care taking for the Appellant but is not able to participate in his transport.
21. Following the Denial Notice sent by the CMH, the Michigan Administrative Hearing System received Appellant's request for hearing on [REDACTED].

CONCLUSIONS OF LAW

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

Title XIX of the Social Security Act, enacted in 1965, authorizes Federal grants to States for medical assistance to low-income persons who are age 65 or over, blind, disabled, or members of families with dependent children or qualified pregnant women or children. The program is jointly financed by the Federal and State governments and administered by States. Within broad Federal rules, each State decides eligible groups, types and range of services, payment levels for services, and administrative and operating procedures. Payments for services are made directly by the State to the individuals or entities that furnish the services.

42 CFR 430.0

The State plan is a comprehensive written statement submitted by the agency describing the nature and scope of its Medicaid program and giving assurance that it will be administered in conformity with the specific requirements of title XIX, the regulations in this Chapter IV, and other applicable official issuances of the Department. The State plan contains all information necessary for CMS to determine whether the plan can be approved to serve as a basis for Federal financial participation (FFP) in the State program.

42 CFR 430.10

Section 1915(b) of the Social Security Act provides:

The Secretary, to the extent he finds it to be cost-effective and efficient and not inconsistent with the purposes of this subchapter, may waive such requirements of section 1396a of this title (other than subsection(s) of this section) (other than sections 1396a(a)(15), 1396a(bb), and 1396a(a)(10)(A) of this title insofar as it requires provision of the care and services described in section 1396d(a)(2)(C) of this title) as may be necessary for a State...

The State of Michigan has opted to simultaneously utilize the authorities of the 1915(b) and 1915(c) programs to provide a continuum of services to disabled and/or elderly populations. Under approval from the Centers for Medicare and Medicaid Services (CMS) the Department of Community Health (MDCH) operates a section 1915(b) and 1915(c) Medicaid Managed Specialty Services and Support program waiver. CMH contracts with the Michigan Department of Community Health to provide services under the waiver pursuant to its

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contract obligations with the Department.

Medicaid beneficiaries are entitled to medically necessary Medicaid covered services for which they are eligible. Services must be provided in the appropriate amount, scope, and duration to reasonably achieve the purpose of the covered service. *See 42 CFR 440.230.*

The federal Code of Federal Regulations, the state Mental Health Code, and Michigan Medicaid policy mandate that appropriate amount, scope and duration is to be determined through the person-centered planning process. It is indisputable that the federal regulations, state law, and policy, require the cooperation of both the Community Mental Health and the Medicaid beneficiary in the person-centered planning process.

The CMH and the Medicaid beneficiary are bound by the Code of Federal Regulations, the state Mental Health Code, and state Medicaid policy. As such, both parties must cooperate in the development of a person-centered plan before Medicaid services can be authorized.

MCL 330.1712 Individualized written plan of services.

(1) The responsible mental health agency for each recipient shall ensure that a person-centered planning process is used to develop a written individual plan of services in partnership with the recipient. A preliminary plan shall be developed within 7 days of the commencement of services or, if an individual is hospitalized for less than 7 days, before discharge or release. The individual plan of services shall consist of a treatment plan, a support plan, or both. A treatment plan shall establish meaningful and measurable goals with the recipient. The individual plan of services shall address, as either desired or required by the recipient, the recipient's need for food, shelter, clothing, health care, employment opportunities, educational opportunities, legal services, transportation, and recreation. The plan shall be kept current and shall be modified when indicated. The individual in charge of implementing the plan of services shall be designated in the plan.

(2) If a recipient is not satisfied with his or his individual plan of services, the recipient, the person authorized by the recipient to make decisions regarding the individual plan of services, the guardian of the recipient, or the parent of a minor recipient may make a request for review to the designated individual in charge of implementing the plan. The review shall be completed within 30 days and shall be carried out in a manner approved by the appropriate governing body.

(3) An individual chosen or required by the recipient may be excluded from participation in the planning process only if inclusion of that individual would constitute a substantial risk of physical or

emotional harm to the recipient or substantial disruption of the planning process. Justification for an individual's exclusion shall be documented in the case record.

The CMH must follow the Department's Medicaid Provider Manual when approving mental health services to an applicant, and the CMH must apply the medical necessity criteria found within the Medicaid Provider Manual.

The Department's *Medicaid Provider Manual, Mental Health and Substance Abuse, Medical Necessity Criteria, Section 2.5* lists the criteria the CMH must apply. The Medicaid Provider Manual sets out the eligibility requirements as:

2.5.B. DETERMINATION CRITERIA

The determination of a medically necessary support, service or treatment must be:

- Based on information provided by the beneficiary, beneficiary's family, and/or other individuals (e.g., friends, personal assistants/aides) who know the beneficiary; and
- Based on clinical information from the beneficiary's primary care physician or health care professionals with relevant qualifications who have evaluated the beneficiary; and
- For beneficiaries with mental illness or developmental disabilities, based on person-centered planning, and for beneficiaries with substance use disorders, individualized treatment planning; and
- Made by appropriately trained mental health, developmental disabilities, or substance abuse professionals with sufficient clinical experience; and
- Made within federal and state standards for timeliness; and
- Sufficient in amount, scope and duration of the service(s) to reasonably achieve its/their purpose.
- Documented in the individual plan of service.

Medicaid Provider Manual, Mental Health and Substance Abuse, Medical Necessity Section, January 1, 2011, page 13.

2.5.C. SUPPORTS, SERVICES AND TREATMENT AUTHORIZED BY THE PIHP

Supports, services, and treatment authorized by the PIHP must be:

- Delivered in accordance with federal and state standards for timeliness in a location that is accessible to the beneficiary; and

- Responsive to particular needs of multi-cultural populations and furnished in a culturally relevant manner; and
- Responsive to the particular needs of beneficiaries with sensory or mobility impairments and provided with the necessary accommodations; and
- Provided in the least restrictive, most integrated setting. Inpatient, licensed residential or other segregated settings shall be used only when less restrictive levels of treatment, service or support have been, for that beneficiary, unsuccessful or cannot be safely provided; and
- Delivered consistent with, where they exist, available research findings, health care practice guidelines, best practices and standards of practice issued by professionally recognized organizations or government agencies.

2.5.D. PIHP DECISIONS

Using criteria for medical necessity, a PIHP may:

Deny services that are:

- deemed ineffective for a given condition based upon professionally and scientifically recognized and accepted standards of care;
- experimental or investigational in nature; or
- for which there exists another appropriate, efficacious, less-restrictive and cost-effective service, setting or support that otherwise satisfies the standards for medically-necessary services; and/or
- Employ various methods to determine amount, scope and duration of services, including prior authorization for certain services, concurrent utilization reviews, centralized assessment and referral, gate-keeping arrangements, protocols, and guidelines.

A PIHP may not deny services based **solely** on preset limits of the cost, amount, scope, and duration of services. Instead, determination of the need for services shall be conducted on an individualized basis.

The Medicaid Provider Manual specifies what supports and services are available for persons such as the Appellant. It states in pertinent part:

SECTION 17 – ADDITIONAL MENTAL HEALTH SERVICES (B3S)

PIHPs must make certain Medicaid-funded mental health supports and services available, in addition to the Medicaid State Plan Specialty Supports and Services or Habilitation Waiver Services, through the authority of 1915(b)(3) of the Social Security Act (hereafter referred to as B3s). The intent of B3 supports and services is to fund medically necessary supports and services that promote community inclusion and participation, independence, and/or productivity when identified in the individual plan of service as one or more goals developed during person-centered planning.

17.1 DEFINITIONS OF GOALS THAT MEET THE INTENTS AND PURPOSE OF B3 SUPPORTS AND SERVICES

The goals (listed below) and their operational definitions will vary according to the individual's needs and desires. However, goals that are inconsistent with least restrictive environment (i.e., most integrated home, work, community that meet the individual's needs and desires) and individual choice and control cannot be supported by B3 supports and services unless there is documentation that health and safety would otherwise be jeopardized; or that such least restrictive arrangements or choice and control opportunities have been demonstrated to be unsuccessful for that individual. **Care should be taken to insure that these goals are those of the individual first, not those of a parent, guardian, provider, therapist, or case manager, no matter how well intentioned. The services in the plan, whether B3 supports and services alone, or in combination with state plan or Habilitation Supports Waiver services, must reasonably be expected to achieve the goals and intended outcomes identified. The configuration of supports and services should assist the individual to attain outcomes that are typical in his community; and without such services and supports, would be impossible to attain.** (emphasis added by ALJ)

Community Inclusion and Participation

The individual uses community services and participates in community activities in the same manner as the typical community citizen. Examples are recreation (parks, movies, concerts, sporting events, arts classes, etc.), shopping, socialization (visiting friends, attending club meetings, dining out) and civic (volunteering, voting, attending governmental meetings, etc.) activities. A beneficiary's use of, and participation in, community activities are expected to be integrated with that of the typical citizen's (e.g., the beneficiary would attend an "integrated" yoga class at the community center rather than a

special yoga class for persons with mental retardation) (emphasis added by A LJ)

Independence "Freedom from another's influence, control and determination." (Webster's New World College Dictionary, 1996). **Independence in the B3 context means how the individual defines the extent of such freedom for him/herself during person-centered planning.** For example, to some beneficiaries, "freedom" could be living on their own, controlling their own budget, choosing an apartment as well as the persons who will live there with them, or getting around the community on their own. To others, "freedom" could be control over what and when to eat, what and when to watch television, when and how to bathe, or when to go to bed and arise. For children under 18 years old, independence may mean the support given by parents and others to help children achieve the skills they need to be successful in school, enter adulthood and live independently. (emphasis added by ALJ)

Productivity Engaged in activities that result in or lead to maintenance of or increased self-sufficiency. **Those activities are typically going to school and work.** The operational definition of productivity for an individual may be influenced by age-appropriateness. For example, a person who is 76 years old may choose to volunteer or participate in other community or senior center activities rather than have any productivity goals. For children under the age of five years, productivity may be successful participation in home, pre-school, or child care activities. Children under 18 would be expected to attend school, but may choose to work in addition. In order to use B3 supports and services, individuals would be expected to prepare for, or go to, school or work in the same places that the typical citizen uses. (emphasis added by ALJ)

The CMH determined that the Appellant did not meet medical necessity to receive CLS services provided through the CMH. The *Medicaid Provider Manual, Mental Health/Substance Abuse* Section articulates Medicaid policy for Michigan, specifically including CLS.

17.3.B. COMMUNITY LIVING SUPPORTS

Community Living Supports are used to increase or maintain personal self-sufficiency, facilitating an individual's achievement of his goals of community inclusion and participation, independence or productivity. The supports may be provided in the participant's residence or in community settings (including, but not limited to, libraries, city pools, camps, etc.). (emphasis added by ALJ)

Coverage includes:

- **Assisting**, reminding, observing, guiding and/or training in the following activities:
 - meal preparation
 - laundry
 - routine, seasonal, and heavy household care and maintenance
 - activities of daily living (e.g., bathing, eating, dressing, personal hygiene)
 - shopping for food and other necessities of daily living

CLS services may not supplant state plan services, e.g., Personal Care (assistance with ADLs in a certified specialized residential setting) and Home Help or Expanded Home Help (assistance in the individual's own, unlicensed home with meal preparation, laundry, routine household care and maintenance, activities of daily living and shopping). If such assistance is needed, the beneficiary, with the help of the PIHP case manager or supports coordinator must request Home Help and, if necessary, Expanded Home Help from the Department of Human Services (DHS). CLS may be used for those activities while the beneficiary awaits determination by DHS of the amount, scope and duration of Home Help or Expanded Home Help. The PIHP case manager or supports coordinator must assist, if necessary, the beneficiary in filling out and sending a request for Fair Hearing when the beneficiary believes that the DHS authorization amount, scope and duration of Home Help does not accurately reflect the beneficiary's needs based on findings of the DHS assessment.

- **Staff assistance**, support and/or training with activities such as:
 - money management
 - non-medical care (not requiring nurse or physician intervention)
 - **socialization and relationship building**
 - **transportation from the beneficiary's residence to community activities, among community activities, and from the community activities back to the beneficiary's residence** (transportation to and from medical appointments is excluded)
 - **participation in regular community activities and recreation opportunities (e.g., attending classes,**

movies, concerts and events in a park; volunteering; voting)

- attendance at medical appointments
 - acquiring or procuring goods, other than those listed under shopping, and nonmedical services
- Reminding, observing and/or monitoring of medication administration
- **Staff assistance with preserving the health and safety of the individual in order that he/she may reside or be supported in the most integrated, independent community setting.**

CLS may be provided in a licensed specialized residential setting as a complement to, and in conjunction with, state plan Personal Care services. Transportation to medical appointments is covered by Medicaid through DHS or the Medicaid Health Plan. Payment for CLS services may not be made, directly or indirectly, to responsible relatives (i.e., spouses, or parents of minor children), or guardian of the beneficiary receiving community living supports. (Underline emphasis added by ALJ).(emphasis added by ALJ)

*MPM, Mental Health and Substance Abuse Section,
December 1, 2010, Page 100.*

The CMH presented the position that CLS is primarily for training and because the Appellant does not require training to perform his activities of daily living and instrumental activities of daily living, rather requires they be performed on his behalf, he is not in need of CLS services. It is asserted his need for physical assistance in order to access the community could be met with Home Help Services, which are explicitly for personal care. Additionally, he is able to access the community 4 hours per week when he has authorization for respite services and with use of natural supports provided by his mother and other friends. The testimony from the CMH was that the physical assistance required by the Appellant is not the purpose of CLS and that personal care must be provided by Home Help Services. Furthermore, provision of personal care by CLS staff is precluded by the Medicaid Provider Manual definition and policy statements.

The CMH's community living supports assessment was included in the evidence submitted for consideration. The assessment establishes that unless a home help provider is present in the home, the Appellant's mother is entirely responsible for his in home safety as he is physically unable to evacuate. No authorization for CLS is based upon his inability to provide for his own safety. The Appellant's hygiene is addressed inside the home only as it is indicated that it is provided by home help. No CLS authorization was made to address hygiene needs outside the home. Food and kitchen safety is addressed only with Home Help Services and natural supports, as is general housekeeping. His community access needs are not addressed by any authorization for CLS, rather natural supports and respite are intended to provide his only

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access to the community. The Appellant's fire safety needs are to be met only through natural supports according to the CMH CLS assessment as no CLS authorization was made to address this need. The Appellant's medical and medication needs are met solely through home help and natural supports according to the CMH plan. The Appellant does not require support services to address behavioral needs.

The Appellant asserted his goal is to be able to access the community without his mother and he has no opportunity to do that without services. Testimony was presented indicating his sister does not participate in his transportation. Evidence was also presented indicating he does not have friends able to provide for his physical needs out in the community. The evidentiary record establishes it was his stated goal when the IPOS was developed to be able to attend rock concerts and other community events without his mother attending with him. Uncontested evidence was also presented indicating he has attended some community college and would like to return, however, does not have assistance from any program to meet his need for physical assistance during school time. Additionally, without support services to attend school, no socialization or recreational opportunity accompanies this activity because he would have to return directly home in order to have his physical needs met by his mother or sister or care provider in his home. Uncontested evidence was presented establishing he cannot drink any beverage unaided. He cannot toilet without aid. He cannot obtain items from a bag without physical assistance. He is unable to participate in normal recreational activities without physical assistance being available to him.

This ALJ finds the CMH has incorrectly interpreted the Medicaid Provider Manual provisions regarding proper use and purpose of CLS services. The proposition that the Appellant is too physically needy to have CLS authorized to support his goal to access the community is not supported by the policy statements cited above. One of the primary goals and purposes of CLS is to address the physical needs of developmentally disabled persons so that they are not confined to their residences, can access the community and participate with and interact with others in the community. To deny this Appellant CLS authorization entirely is to confine him to his home. While use of natural supports is encouraged and appropriate and it is understood the services are not intended to meet all the desires of each beneficiary, services must be authorized in appropriate amount, scope and duration in order to reasonably achieve their stated purpose. The CMH reliance upon natural supports in this case is too extensive to address the reasonable goals and needs of the Appellant. Their own CLS assessment evidences the over reliance upon natural supports to meet all the Appellant's needs that are not met by home help. The ALJ believes this is because the CMH has mistakenly interpreted the policy statement about CLS not being used to provide personal care when the service can be provided by Home Help to mean personal care cannot be provided to persons with developmental disabilities while in the community. Home Help Services cannot be provided outside of the home, except in the very limited circumstance where it is approved for persons at their place of employment. Home Help Services cannot be authorized for persons who need personal care while accessing the community. This is exactly what CLS is for. The policy statements cited above explicitly states coverage includes staff assistance for socialization and relationship building. Furthermore, policy states this assistance is expected to occur in community settings. Staff assistance is exactly what the Appellant requires in order to access the community without jeopardizing his health and safety. Furthermore, CLS is

necessary to provide transportation to the Appellant to access the community for educational and recreational opportunities. Therefore, the CMH must authorize CLS to the Appellant in order to address his goals of participation in recreational and educational opportunities without the presence of his mother. The Appellant's stated goal of being able participate in education and recreation without his mother's presence is reasonable and appropriate for his age [REDACTED]. It must be addressed by authorization of appropriate supports in order to facilitate achievement of this goal. This ALJ finds given the stated goal of participation in community activities and recreation without his mother and the evidence of record that he wants to and is planning on a return to school, 25 hours per week of CLS is medically necessary in order to reasonably achieve the goal.

The Appellant disputes the number of hours of respite authorization. The current authorization is for four hours of respite per week. The Medicaid Provider Manual addresses the issue below:

17.3.J. RESPITE CARE SERVICES

Services that are provided to assist in maintaining a goal of living in a natural community home by temporarily relieving the unpaid primary caregiver (e.g., family members and/or adult family foster care providers) and is provided during those portions of the day when the caregivers are not being paid to provide care. Respite is not intended to be provided on a continuous, long-term basis where it is a part of daily services that would enable an unpaid caregiver to work elsewhere full time. In those cases, community living supports, or other services of paid support or training staff, should be used. Decisions about the methods and amounts of respite should be decided during person-centered planning. PIHPs may not require active clinical treatment as a prerequisite for receiving respite care. These services do not supplant or substitute for community living support or other services of paid support/training staff. Respite care may be provided in the following settings:

- Beneficiary's home or place of residence
- Licensed family foster care home
- Facility approved by the State that is not a private residence, (e.g., group home or licensed respite care facility)
- Home of a friend or relative chosen by the beneficiary and members of the planning team
- Licensed camp
- In community (social/recreational) settings with a respite worker trained, if needed, by the family

Respite care may not be provided in:

- day program settings
- ICF/MRs, nursing homes, or hospitals

Respite care may not be provided by:

- parent of a minor beneficiary receiving the service
- spouse of the beneficiary served
- beneficiary's guardian
- unpaid primary care giver

Cost of room and board must not be included as part of the respite care unless provided as part of the respite care in a facility that is not a private residence.

Medicaid Provider Manual Mental
Health/Substance Abuse
Version Date: April 1, 2010

The evidence of record is the respite assessment completed by the CMH and testimony from both parties. The evidence of the Appellant's physical needs, health and safety considerations and how they are provided is uncontested. The Appellant has 3 trained medical interventions and requires full support services for all ADLs and IADLs. His primary caregiver works 2 jobs. He has care provision available by his father, although there was no evidence of record establishing his father participates in transportation, care provision or recreation with his son. There was evidence of record his sister is able to and does participate in some care taking activities but not transportation. The caregiver availability is not adequately considered in this particular case in the opinion of this ALJ. The Appellant's caregiver is primarily his mother, who works 2 jobs. Given the Appellant's relatively high medical and undisputedly high physical needs and his inability to be left alone for extended periods of time and most certainly never overnight, this is inadequate to provide reasonable breaks in care for his primary care provider. The ALJ considered the respite assessment completed by the CMH in this case. They have developed guidelines for respite authorization. These guidelines are not binding, rather they are guidelines. In this case, given the enormous reliance upon the natural supports provided by the Appellant's mother, who has no legal responsibility to ensure the Appellant's health, safety and welfare are adequately provided for 24 hours per day, seven days per week; four hours per week of respite is inadequate to provide a break for the continuous care taking necessary. At hearing the CMH offered to increase the respite authorization to 6 hours per week. The ALJ finds this is still inadequate to address the need. This ALJ finds at least eight hours per week of respite care is medically necessary to provide an appropriate break from care in this particular case.

DECISION AND ORDER

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that CMH failed to authorize CLS services appropriate in amount, scope or duration to reasonably meet the Appellant's medical necessity. It is necessary to provide at least 25 hours per week CLS to the Appellant at this time. Additionally, the CMH improperly authorized respite services in amount, scope or duration to reasonably meet the needs of the Appellant in this case. At least eight hours of respite per week is medically necessary in this case.

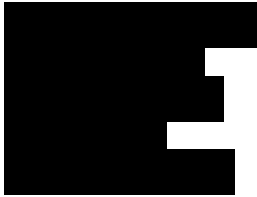

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IT IS THEREFORE ORDERED that:

The CMH decision is REVERSED.

Jennifer Isiogu
Administrative Law Judge
for Olga Dazzo, Director
Michigan Department of Community Health

cc:



Date Mailed: 5/26/2011

***** NOTICE *****

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.