# STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARING SYSTEM FOR THE DEPARTMENT OF COMMUNITY HEALTH

P. O. Box 30763, Lansing, MI 48909 (877) 833-0870; Fax (517) 334-9505

Appellant/	Docket No. 2011-37698 CMH Case No.
DECISION AND ORDER	
This matter is before the undersigned Administrative upon the Appellant's request for a hearing.	Law Judge (ALJ) pursuant to MCL 400.9
After due notice, a hearing was held mother, . Case Manager and testified.	was represented by his was present on behalf of the Appellant
provider for the Appellant, (hereinafter CMH or Dep	the Community Mental Health service partment) represented the Department of Manager, was present on behalf of the

## <u>ISSUE</u>

Did the CMH properly terminate Case Management Services for the Appellant?

## FINDINGS OF FACT

IN THE MATTER OF:

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

- 1. The Appellant is a year old Medicaid beneficiary diagnosed with ADHD.
- 2. is a pre-paid Inpatient Health Plan (PIHP) and contractor of the Michigan Department of Community Health (MDCH).
- The Appellant has been receiving services through the CMH in his county of residence.
- 4. The Appellant has received case management services through CMH.

- 5. The Appellant's case manager recommended the Appellant be authorized to participate in play therapy services in ..........
- 6. The CMH authorized the play therapy services on behalf of the Appellant and reviewed the services need level contemporaneous with the requested authorization.
- 7. The CMH determined case management services were no longer medically necessary for the Appellant.
- 8. Following the utilization management review, CMH proposed termination of case management services to the Appellant.
- 9. The Appellant contests termination of his case management services, asserting a need for services and willingness to forego play therapy services.
- 10. The Appellant requested a hearing termination of case management services.

## **CONCLUSIONS OF LAW**

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

Title XIX of the Social Security Act, enacted in 1965, authorizes Federal grants to States for medical assistance to low-income persons who are age 65 or over, blind, disabled, or members of families with dependent children or qualified pregnant women or children. The program is jointly financed by the Federal and State governments and administered by States. Within broad Federal rules, each State decides eligible groups, types and range of services, payment levels for services, and administrative and operating procedures. Payments for services are made directly by the State to the individuals or entities that furnish the services.

42 CFR 430.0

The State plan is a comprehensive written statement submitted by the agency describing the nature and scope of its Medicaid program and giving assurance that it will be administered in conformity with the specific requirements of title XIX, the regulations in this Chapter IV, and other applicable official issuances of the Department. The State plan contains all information necessary for CMS to determine whether the plan can be approved to serve as a basis for Federal financial



participation (FFP) in the State program.

42 CFR 430.10

Section 1915(b) of the Social Security Act provides:

The Secretary, to the extent he finds it to be cost-effective and efficient and not inconsistent with the purposes of this subchapter, may waive such requirements of section 1396a of this title (other than subsection (s) of this section) (other than sections 1396a(a)(15), 1396a(bb), and 1396a(a)(10)(A) of this title insofar as it requires provision of the care and services described in section 1396d(a)(2)(C) of this title) as may be necessary for a State...

The State of Michigan has opted to simultaneously utilize the authorities of the 1915(b) and 1915(c) programs to provide a continuum of services to disabled and/or elderly populations. Under approval from the Centers for Medicare and Medicaid Services (CMS) the Department of Community Health (MDCH) operates a section 1915(b) Medicaid Managed Specialty Services and Support program waiver in conjunction with a section 1915(c) HSW. Lifeways contracts with the Michigan Department of Community Health to provide services under the HSW.

The Appellant is entitled to Medicaid funded services through CMH if the following conditions are met:

- 1. They meet the service eligibility requirements per the MDCH/CMHSP Managed Specialty Supports and Services Contact: Attachment 3.3.1 and/or 3.3.2.
- 2. The service in issue is a Medicaid covered service, i.e. State Medicaid Plan or waiver program service, and
- 3. The service is medically necessary.

Medicaid beneficiaries are only entitled to medically necessary Medicaid covered services. Services must be provided in the appropriate scope, duration, and intensity to reasonably achieve the purpose of the covered service. See 42 CFR 440.230. Case management is a Medicaid covered service. (See Medicaid Provider Manual, Mental Health and Substance Abuse Section, Section 13) The issue in this case is whether continued authorization of case management services is medically necessary for Appellant.

The Medicaid Provider Manual defines terms in the Mental Health/Substance Abuse section dated July 1, 2009. It defines medical necessity as follows:

Determination that a specific services I medically (clinically) appropriate, necessary to meet needs, consistent wit the person's diagnosis, symptomatology and functional impairments, is the most cost-effective option in the least restrictive environment, and is

consistent with clinical standards of care. Medical necessity of a service shall be documented in the individual plan of services.

Medicaid Provider Manual Mental Health /Substance Abuse Version date July 1, 2009, page 5.

## **SECTION 13 – TARGETED CASE MANAGEMENT**

Targeted case management is a covered service that assists beneficiaries to design and implement strategies for obtaining services and supports that are goal-oriented and individualized. Services include assessment, planning, linkage, advocacy, coordination and monitoring to assist beneficiaries in gaining access to needed health and dental services, financial assistance, housing, employment, education, social services, and other services and natural supports developed through the personcentered planning process. Targeted case management is provided in a responsive, coordinated, effective and efficient manner focusing on process and outcomes.

Targeted case management services must be available for all children with serious emotional disturbance, adults with serious mental illness, persons with a developmental disability, and those with co-occurring substance use disorders who have multiple service needs, have a high level of vulnerability, require access to a continuum of mental health services from the PIHP, and/or are unable to independently access and sustain involvement with needed services.

Beneficiaries must be provided choice of available, qualified case management staff upon initial assignment and on an ongoing basis.

## 13.1 PROVIDER QUALIFICATIONS

Providers must demonstrate the capacity to provide all core requirements specified below and have a sufficient number of staff to meet the needs of the target population.

Providers must document initial and ongoing training for case managers related to the core requirements and applicable to the target population served.

Caseload size and composition must be realistic for the case manager to complete the core requirements as identified in the individual plan of service developed through the person-centered planning process.

## 13.2 DETERMINATION OF NEED

The determination of the need for case management must occur at the completion of the intake process and through the personcentered planning process for beneficiaries receiving services and supports. Justification as to whether case management is needed or not must be documented in the beneficiary's record.

## **13.3 CORE REQUIREMENTS**

- Assuring that the person-centered planning process takes place and that it results in the individual plan of service.
- Assuring that the plan of service identifies what services and supports will be provided, who will provide them, and how the case manager will monitor (i.e., interval of face-to-face contacts) the services and supports identified under each goal and objective.
- Overseeing implementation of the individual plan of service, including supporting the beneficiary's dreams, goals, and desires for optimizing independence; promoting recovery; and assisting in the development and maintenance of natural supports.
- Assuring the participation of the beneficiary on an ongoing basis in discussions of his plans, goals, and status.
- Identifying and addressing gaps in service provision.
- Coordinating the beneficiary's services and supports with all providers, making referrals, and advocating for the beneficiary.
- Assisting the beneficiary to access programs that provide financial, medical, and other assistance such as Home Help and Transportation services.
- Assuring coordination with the beneficiary's primary and other health care providers to assure continuity of care.
- Coordinating and assisting the beneficiary in crisis intervention and discharge planning, including community supports after hospitalization.
- Facilitating the transition (e.g., from inpatient to community services, school to work, dependent to independent living) process, including arrangements for follow-up services.
- Assisting beneficiaries with crisis planning.
- Identifying the process for after-hours contact.

**Assessment** The provider must have the capacity to perform an initial written comprehensive assessment addressing the beneficiary's needs/wants, barriers to needs/wants, supports to address barriers, and health and welfare issues. Assessments must be updated when there is significant change in the condition

or circumstances of the beneficiary. The individual plan of services must also reflect such changes.

**Documentation** The beneficiary's record must contain sufficient information to document the provision of case management, including the nature of the service, the date, and the location of contacts between the case manager and the beneficiary, including whether the contacts were face-to-face. The frequency of face-to-face contacts must be dependent on the intensity of the beneficiary's needs.

The case manager must review services at intervals defined in the individual plan of service. The plan shall be kept current and modified when indicated (reflecting the intensity of the beneficiary's health and welfare needs). A beneficiary or his/her guardian or authorized representative may request and review the plan at any time. A formal review of the plan shall not occur less often than annually to review progress toward goals and objectives and to assess beneficiary satisfaction.

**Monitoring** The case manager must determine, on an ongoing basis, if the services and supports have been delivered, and if they are adequate to meet the needs/wants of the beneficiary. Frequency and scope (face-to-face and telephone) of case management monitoring activities must reflect the intensity of the beneficiary's health and welfare needs identified in the individual plan of services. Targeted case management may not include direct delivery of ongoing day-to-day supports and/or training, or provision of other Medicaid services.

Medicaid Provider Manual Mental Health/Substance Abuse Version Date: July 1, 2009 Pages 67-68 Michigan Department of Community Health

In this case, the Appellant contests the proposed termination of case management services. The Appellant's mother testified that she requires the case management services because the case manager aids her in communicating with her son's doctors and advocates for him at school. She wrote the case manager has become an integral part of the family. Additionally, he is supportive and knowledgeable about the Appellant's needs. She wrote she is willing to forego play therapy for her son in order to keep the case management services the CMH wants to terminate.

The Department's witness stated the utilization review resulted in a finding that the play therapy was medically necessary for the Appellant, given his behaviors and mental status. It was further determined no case management services were still medically necessary at this

time because the play therapist could link with the Appellant's psychiatrist to monitor effectiveness of his medication and progress generally. No linking to other services were identified as medically necessary and the goals served by case management services had been met.

This ALJ finds the Department provided sufficient credible evidence that Appellant has no medical need for continued case management services at this time. The needs identified and being addressed by the case manager, i.e. becoming an integral part of the family and communicating with the Appellant's doctors directly about his needs and condition are the role and responsibility of the Appellant's mother. This ALJ sought evidence of limitations in performing parental role at hearing and was informed there are none. The purposes of targeted case management services have been served by linking the family to necessary services available in the community. There has been no showing additional case management is medically necessary at this time for the Appellant.

## **DECISION AND ORDER**

The Administrative Law Judge, based on the above findings of fact and conclusions of law, finds that the Department's action in proposing termination of case management services was proper.

#### IT IS THEREFORE ORDERED that:

The Department's decision is AFFIRMED.

Jennifer Isiogu Administrative Law Judge for Olga Dazzo, Director Michigan Department of Community Health

cc:

Date Mailed: 8/31/2011

#### \*\*\* NOTICE \*\*\*

The Michigan Administrative Hearing System for the Department of Community Health may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System for the Department of Community Health will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.