# STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARING SYSTEM FOR THE DEPARTMENT OF COMMUNITY HEALTH

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IN THE MATTER OF:	Docket No. 2011-26259 HHS Case No.
Appellant. /	
DECISION AND ORDER	
This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 and 42 CFR 431.200 <i>et seq.</i> , upon the Appellant's request for a hearing.	
After due notice, a hearing was held by telephone on on her own behalf.  of Community Health. Appellant  DHS-HHS Office, appeared as a wife	, represented the Department at the

## **ISSUE**

Did the Department properly deny Appellant's request for additional Home Help Services (HHS) payments?

## FINDINGS OF FACT

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

- 1. Appellant is a year-old Medicaid beneficiary.
- 2. Appellant has been diagnosed by a physician as having bipolar depression, agoraphobia, and arthritis. Appellant has also diagnosed herself as being a high risk for suicide. (Exhibit 1, page 10).
- 3. Appellant is receiving 44 hours and 8 minutes of Home Help Services (HHS) with a care cost of per month. The specific tasks included in Appellant's Home Help Services are taking medication, housework, laundry, shopping for food and other necessities of daily living, and meal preparation/cleanup. (Exhibit 1, page 12).
- 4. Appellant also has a service animal for companionship and a reason to interact. (Exhibit 1, p. 6).
- 5. Appellant is receiving services, such as therapy, through a Community Mental Health program. (Appellant's Testimony).

- 6. On such as live-in help or a roommate. The requested additional Home Help Services, such as live-in help or a roommate. The requested additional services would take the form of prompting, companionship and encouragement, and would be for the purpose of combating Appellant's symptoms and lowering her risk of suicide. (Exhibit 1, pages 6-8; Appellant's Testimony).
- 7. In response to Appellant's request for additional Home Help Services, her Adult Services Worker, advised her that such services were not available through the ILS Program. (Exhibit 1, pages 6-8; Testimony).
- 8. On Hearing, the Department received Appellant's Request for Hearing. In that request, Appellant seeks help 24 hours a day, 7 days a week for prompting, companionship, and encouragement in order to help her complete tasks, decrease her symptoms and lower her risk of suicide or substance abuse. (Exhibit 1, page 4).

## **CONCLUSIONS OF LAW**

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

Home Help Services (HHS) are provided to enable functionally limited individuals to live independently and receive care in the least restrictive, preferred settings. These activities must be certified by a physician and may be provided by individuals or by private or public agencies.

Adult Services Manuals (ASM) 361 (6-1-07), page 2 of 24, and Adult Services Manual (ASM) 363 (9-1-08), pages 14-15, address the issues of what services are included in Home Help Services and how such services are assessed:

## **Home Help Payment Services**

Home help services (HHS, or personal care services) are non-specialized personal care service activities provided under ILS to persons who meet eligibility requirements.

HHS are provided to enable functionally limited individuals to live independently and receive care in the least restrictive, preferred settings. These activities must be certified by a physician and may be provided by individuals or by private or public agencies.

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Personal care services which are eligible for Title XIX funding are limited to:

Activities of Daily Living (ADL)

- Eating.
- Toileting.
- Bathing.
- Grooming.
- Dressing.
- Transferring.
- Mobility.

Instrumental Activities of Daily Living (IADL)

- Taking medication.
- Meal preparation/cleanup.
- Shopping for food and other necessities of daily living.
- Laundry.
- Housework.

(ASM 361, page 2 of 5)

#### **COMPREHENSIVE ASSESSMENT**

The Adult Services Comprehensive Assessment (DHS-324) is the primary tool for determining need for services. The comprehensive assessment will be completed on all open cases, whether a home help payment will be made or not. ASCAP, the automated workload management system provides the format for the comprehensive assessment and all information will be entered on the computer program.

Requirements for the comprehensive assessment include, but are not limited to:

- A comprehensive assessment will be completed on all new cases.
- A face-to-face contact is required with the client in his/her place of residence.
- An interview must be conducted with the caregiver, if applicable.
- Observe a copy of the client's social security card.

- Observe a picture I.D. of the caregiver, if applicable.
- The assessment must be updated as often as necessary, but minimally at the six-month review and annual redetermination.
- A release of information must be obtained when requesting documentation from confidential sources and/or sharing information from the department record.
- Follow specialized rules of confidentiality when ILS cases have companion APS cases.

#### **Functional Assessment**

The **Functional Assessment** module of the **ASCAP** comprehensive assessment is the basis for service planning and for the HHS payment.

Conduct a functional assessment to determine the client's ability to perform the following activities:

Activities of Daily Living (ADL)

- Eating
- Toileting
- Bathing
- Grooming
- Dressing
- Transferring
- Mobility

Instrumental Activities of Daily Living (IADL)

- Taking Medication
- Meal Preparation and Cleanup
- Shopping
- Laundry
- Light Housework

Functional Scale ADL's and IADL's are assessed according to the following five-point scale:

1. Independent

Performs the activity safely with no human assistance.

#### 2. Verbal Assistance

Performs the activity with verbal assistance such as reminding, guiding or encouraging.

#### 3. Some Human Assistance

Performs the activity with some direct physical assistance and/or assistive technology.

#### 4. Much Human Assistance

Performs the activity with a great deal of human assistance and/or assistive technology.

## 5. Dependent

Does not perform the activity even with human assistance and/or assistive technology.

**Note:** HHS payments may only be authorized for needs assessed at the 3 level or greater.

#### Time and Task

The worker will allocate time for each task assessed a rank of 3 or higher, based on interviews with the client and provider, observation of the client's abilities and use of the reasonable time schedule (RTS) as a guide. The RTS can be found in **ASCAP** under the **Payment** module, Time and Task screen.

## IADL Maximum Allowable Hours

There are monthly maximum hour limits on all IADLs except medication. The limits are as follows:

- Five hours/month for shopping
- Six hours/month for light housework
- Seven hours/month for laundry
- 25 hours/month for meal preparation

These are **maximums**; as always, if the client needs fewer hours, that is what must be authorized. Hours should continue to be prorated in shared living arrangements.

(ASM 363, pages 2-4 of 24)

## **Services not Covered by Home Help Services**

Do **not** authorize HHS payment for the following:

- Supervising, monitoring, reminding, guiding or encouraging (functional assessment rank 2);
- Services provided for the benefit of others;
- Services for which a responsible relative is able and available to provide;
- Services provided free of charge;
- Services provided by another resource at the same time;
- Transportation See Program
   Administrative Manual (PAM) 825 for medical transportation policy and procedures.
- Money management, e.g., power of attorney, representative payee;
- Medical services:
- Home delivered meals;
- Adult day care.

(ASM 363, pages 14-15 of 24)

Given the above findings of fact and relevant policies, the Department properly considered and rejected Appellant's request for additional Home Help Services. Appellant does not dispute the specific time and tasks allocated by the Department. Rather, Appellant solely disagrees with the determination on the basis that she needs additional services because she cannot be alone in her home. Specifically, Appellant

seeks live-in help or a roommate for prompting, companionship and encouragement, in order to combat her symptoms and lower her risk of suicide. However, as provided in ASM 361 and ASM 363, Home Help Services do not encompass general services such a providing a roommate or companionship 24 hours a day, 7 days a week. Instead, Home Help Services can only be granted with respect to the specific Activities of Daily Living (ADL) or Instrumental Activities of Daily Living (IADL) identified above, and then only for the specific allotted time for each task assessed at a certain level of need. ASM 361, page 2 of 5; ASM 363, pages 2-3 of 24. Moreover, Appellant's request is based on her need for verbal assistance such as supervision, reminding and encouraging, but such services are explicitly excluded in Home Help Services. ASM 363, page 14 of 24. Appellant is therefore not entitled to the additional services she seeks and the Department's decision must be affirmed.

## **DECISION AND ORDER**

The Administrative Law Judge, based on the above findings of fact and conclusions of law, finds that the Department did properly deny Appellant's request for additional Home Help Services.

#### IT IS THEREFORE ORDERED THAT:

The Department's decision is AFFIRMED.

Steven Kibit
Administrative Law Judge
for Olga Dazzo, Director
Michigan Department of Community Health

cc:

Date Mailed: 6/24/2011

#### \*\*\* NOTICE \*\*\*

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant March appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the rehearing decision.