#### STATE OF MICHIGAN MICHIGAN ADMINISTRATIVE HEARING SYSTEM FOR THE DEPARTMENT OF COMMUNITY HEALTH

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IN THE MATTER OF:



Docket No. 2011-21000 CMH

Appellant

## DECISION AND ORDER

This matter is before the undersigned Administrative Law Judge pursuant to MCL 400.9 upon the Appellant's request for a hearing.

After due notice, a hearin	g was held on	. appeared o	n
behalf of the Appellant.	She had a translator,	. Her witness was	
		, represented the Department. He	er
witness was			

## <u>ISSUE</u>

Did the Department properly deny the Appellant's request for increased Community Living Supports (CLS) for lack of medical necessity?

## FINDINGS OF FACT

The Administrative Law Judge, based upon the competent, material and substantial evidence on the whole record, finds as material fact:

- 1. The Appellant is a female Medicaid beneficiary. (Appellant's Exhibit #1)
- The Appellant is afflicted with severe MR, Down's Syndrome, generalized epilepsy with seizures. She requires treatment, medications and a vagus nerve stimulator. (Department's Exhibit A, p. 1)
- 3. On annual assessment for she still required parental assistance with all ADLs consistent with her age, however she was documented as able to understand basic instruction; able to walk with assistance; able to occupy herself for periods of time. It is noted that the mother has "health problems." (Department's Exhibit A, pp. 1 and sub E pp. 45-64)
- 4. The Appellant receives special programming at supervision and is provided supervision and care in that setting for "many hours per day." (Department's Exhibit A, p. 3)

- 5. The Appellant has received services since **proceeded**, including assessments, supports coordination, treatment planning, PT, OT, SLT, behavioral services, in-home nursing service and community living supports, respite and home modifications. (Department's Exhibit A, p. 1)
- 6. On **Construction**, the Appellant sought an allocation of CLS in the amount of 4522 units for the time period of **Construction**, through **Construction**. Following review the Department authorized 1683 units which represented the previously authorized amount of CLS. See Department's Exhibit A, pp. 1, 6 and sub H.
- 7. On **an example**, per adequate action notice, 1683 units [approximately 2.3 hours per day] of CLS were reauthorized. (Department's Exhibit A, pp. 1 and 6)
- 8. The **Community Mental Health is under contract with the Michigan** Department of Community Health to provide mental health services to those who reside in the Appellant's geographic area.
- 9. The Community Mental Health established that CLS was adequately addressed, in part, because many of the necessary assistive tasks could be performed by the parents of the Appellant. (See Testimony of Wargel)

## CONCLUSIONS OF LAW

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

> Title XIX of the Social Security Act, enacted in 1965, authorizes Federal grants to States for medical assistance to low-income persons who are age 65 or over, blind, disabled, or members of families with dependent children or qualified pregnant women or children. The program is jointly financed by the Federal and State governments and administered by States. Within broad Federal rules, each State decides eligible groups, types and range of services, payment levels for services, and administrative and operating procedures. Payments for services are made directly by the State to the individuals or entities that furnish the services.

> > 42 CFR 430.0

The State plan is a comprehensive written statement submitted by the agency describing the nature and scope of its Medicaid program and giving assurance that it will be administered in conformity with the specific requirements of title XIX, the regulations in this Chapter IV, and other applicable official issuances of the Department. The State plan contains all information necessary for CMS to determine whether the plan can be approved to serve as a basis for Federal financial participation (FFP) in the State program.

42 CFR 430.10

Section 1915(b) of the Social Security Act provides:

The Secretary, to the extent she finds it to be cost-effective and efficient and not inconsistent with the purposes of this subchapter, may waive such requirements of section 1396a of this title (other than subsection(s) of this section) (other than sections 1396a(a)(15), 1396a(bb), and 1396a(a)(10)(A) of this title insofar as it requires provision of the care and services described in section 1396d(a)(2)(C) of this title) as may be necessary for a State...

The State of Michigan has opted to simultaneously utilize the authorities of the 1915(b) and 1915(c) programs to provide a continuum of services to disabled and/or elderly populations. Under approval from the Centers for Medicare and Medicaid Services (CMS) the Department of Community Health (MDCH) operates a section 1915(b) and 1915(c) Medicaid Managed Specialty Services and Support program waiver. Macomb County Community Mental Health contracts with the Michigan Department of Community Health to provide services under the waiver pursuant to its contract obligations with the Department.

Medicaid beneficiaries are entitled to medically necessary Medicaid covered services for which they are eligible. Services must be provided in the appropriate scope, duration, and intensity to reasonably achieve the purpose of the covered service. See 42 CFR 440.230.

The Medicaid Provider Manual, (MPM) Mental Health/Substance Abuse section establishes Medicaid policy for Michigan. In addition to establishing the framework for <u>medical necessity</u><sup>1</sup> it states, in relevant part:

# [CRITERIA FOR AUTHORIZING]

The authorization and use of Medicaid funds for any of the B3 supports and services, as well as their amount, scope and duration, are dependent upon:

• The Medicaid beneficiary's eligibility for specialty services and supports as defined in this Chapter; and

<sup>&</sup>lt;sup>1</sup> See MPM, Mental Health [ ] §§ 2.5 through 2.5D, Medical Necessity Criteria, pp. 12 – 14, April 1, 2011

- The service(s) having been identified during person-centered planning; and
- The service(s) being medically necessary as defined in the Medical Necessity Criteria subsection of this chapter; and
- The service(s) being expected to achieve one or more of the above-listed goals as identified in the beneficiary's plan of service; and
- Additional criteria indicated in certain B3 service definitions, as applicable.

Decisions regarding the authorization of a B3 service (including the amount, scope and duration) must take into account the PIHP's documented capacity to reasonably and equitably serve other Medicaid beneficiaries who also have needs for these services. The B3 supports and services are not intended to meet all the individual's needs and preferences, as some needs may be better met by community and other natural supports. Natural supports mean unpaid assistance provided to the beneficiary by people in his/her network (family, friends, neighbors, community volunteers) who are willing and able to provide such assistance. It is reasonable to expect that parents of minor children with disabilities will provide the same level of care they would provide to their children without disabilities. MDCH encourages the use of natural supports to assist in meeting an individual's needs to the extent that the family or friends who provide the natural supports are willing and able to provide this assistance. PIHPs may not require a beneficiary's natural support network to provide such assistance as a condition for receiving specialty mental health supports and services. The use of natural supports must be documented in the beneficiary's individual plan of service.

Provider qualifications and service locations that are not otherwise identified in this section must meet the requirements identified in the General Information and Program Requirement sections of this chapter.

> (Emphasis supplied) MPM, Mental Health [ ] §17.2 Criteria for Authoring B3 Supports and Services, p. 104, April 1, 2011.<sup>2</sup>

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<sup>&</sup>lt;sup>2</sup> This version of the MPM is identical to the edition in place at the time of notice and appeal.

Furthermore, the Medicaid Provider Manual (MPM) directs the CMH and service users with the following criteria regarding CLS:

## Community Living Supports (CLS)

Community Living Supports are used to increase or maintain personal self-sufficiency, facilitating an individual's achievement of his goals of community inclusion and participation, independence or productivity. The supports may be provided in the participant's residence or in community settings (including, but not limited to, libraries, city pools, camps, etc.).

Coverage includes:

- Assisting, reminding, observing, guiding and/or training in the following activities:
  - meal preparation
  - > laundry
  - routine, seasonal, and heavy household care and maintenance
  - activities of daily living (e.g., bathing, eating, dressing, personal hygiene)
  - shopping for food and other necessities of daily living

CLS services may not supplant state plan services, e.g., Personal Care (assistance with ADLs in a certified specialized residential setting) and Home Help or Expanded Home Help (assistance in the individual's own, unlicensed home with meal preparation, laundry, routine household care and maintenance, activities of daily living and shopping). If such assistance appears to be needed, the beneficiary must request Home Help and, if necessary, Expanded Home Help from the Department of Human Services (DHS). CLS may be used for those activities while the beneficiary awaits determination by DHS of the amount, scope and duration of Home Help or Expanded Home Help. If the beneficiary requests it, the PIHP case manager or supports coordinator must assist him/her in requesting Home Help or in filling out and sending a request for Fair Hearing when the beneficiary believes that the DHS authorization of amount, scope and duration of Home Help does not appear to reflect the beneficiary's needs based on the findings of the DHS assessment.

- Staff assistance, support and/or training with activities such as:
  - money management
  - non-medical care (not requiring nurse or physician intervention)
  - socialization and relationship building
  - transportation from the beneficiary's residence to community activities, among community activities, and from the community activities back to the beneficiary's residence (transportation to and from medical appointments is excluded)
  - participation in regular community activities and recreation opportunities (e.g., attending classes, movies, concerts and events in a park; volunteering; voting)
  - > attendance at medical appointments
  - acquiring or procuring goods, other than those listed under shopping, and non-medical services
- Reminding, observing and/or monitoring of medication administration.
- Staff assistance with preserving the health and safety of the individual in order that he/she may reside or be supported in the most integrated, independent community setting.

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CLS assistance with meal preparation, laundry, routine household care and maintenance, activities of daily living and/or shopping may be used to complement Home Help or Expanded Home Help services when the individual's needs for this assistance have been officially determined to exceed DHS's allowable parameters. CLS may also be used for those activities while the beneficiary awaits the decision from the Fair Hearing of the appeal of a DHS decision. Reminding, observing, guiding, and/or training of these activities are CLS coverages that do not supplant Home Help or Expanded Home Help.

MPM, Supra pp. 106-107

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At hearing the Department witness established through his credible testimony and evidence that the Appellant's goals and needs had not changed on Annual Assessment and that this most recent request for an increase in community living supports (CLS) was not medically necessary. The witness observed, as on prior reviews, that the request for increased CLS did not account for the need to develop the Appellant's independence, account for age appropriate skills or parental involvement with ADLs. Witness

The Appellant's representative testified, through her interpreter, that the Appellant is disabled and must be carried everywhere and that her daughter makes herself sick resisting parental care. She added that feeding the Appellant is not easy at home or at school.

To support her petition the Appellant produced letters from the appellant's conditions and recommending 24-hour care. The most recent letter was identical to the one produced in the appellant of the exception of the date. See Department's Exhibit A, sub B, pp. 13, 14.

On review, it is important to remember that the goals delineated in the PCP are those of the individual. If the Appellant is shown [in future reviews] as not meeting goals then more frequent PCP review might dictate an increase in CLS in an appropriate amount, scope and duration over and above that appealed today. At this point in the Appellant's life - care and supervision is not limited to paid caregivers.

Newly discovered at hearing today was information that the Appellant's representative [mother] had been in a motor vehicle accident, sustained disability and was attending physical therapy herself<sup>3</sup> – it is unknown at this writing if this was different information than that which was documented in the most recent annual assessment wherein it is noted that the mother "has health problems." The Appellant's representative testified that she is presently in a "hard position" with regard to child care. See Department's Exhibit A, sub E, p. 63.

The Department witness said they would assist her in reaching an accommodation with that issue once it was brought to their attention.

This Administrative Law Judge must follow the CFR and the state Medicaid policy, and is without authority to grant CLS hours out of accordance with the CFR and state policy. The CMH provided sufficient evidence that it adhered to the CFR, state policy and the MPM when they denied a requested increase in CLS for the time period of through through the comparison of the co

## DECISION AND ORDER

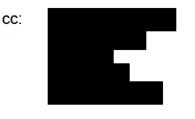
The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that CMH properly denied the request for increased CLS.

<sup>&</sup>lt;sup>3</sup> See Appellant's [proposed] Exhibit #2 – admitted without objection.

## IT IS THEREFORE ORDERED that:

The Department's decision is AFFIRMED.

## Dale Malewska Administrative Law Judge for Olga Dazzo, Director Michigan Department of Community Health



Date Mailed: <u>5/13/2011</u>

#### \*\*\* NOTICE \*\*\*

The Michigan Administrative Hearing System may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The Michigan Administrative Hearing System will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.