# STATE OF MICHIGAN STATE OFFICE OF ADMINISTRATIVE HEARINGS AND RULES FOR THE DEPARTMENT OF COMMUNITY HEALTH

P.O. Box 30763, Lansing, MI 48909 (877) 833-0870; Fax: (517) 334-9505

IN THE MATTER OF:

Appellant	
	<b>Docket No</b> . 2010-13112 DISP
DECISIO	N AND ORDER
This matter is before the undersigned Ad and 42 CFR 431.200 <i>et seq.</i> , upon the Ap	ministrative Law Judge pursuant to MCL 400.9 opellant's request for a hearing.
After due notice, a hearing was held appeared on her own behalf. the Department. appeared as a witness for the Department.	, Appeals Review Officer, represented H Special Disenrollment Program Coordinator,
ISSUE	
Did the Department properly dis request of the MHP?	senroll the Appellant from on
FINDINGS OF FACT	
The Administrative Law Judge, based up evidence on the whole record, finds as m	oon the competent, material and substantial aterial fact:
1. The Appellant is an adult was enrolled in 1, page 13)	female Medicaid Beneficiary, who , a Medicaid Health Plan (MHP). (Exhibit
• • • • • • • • • • • • • • • • • • •	nunity Health contracts with the MHP to o the Appellant and other enrollees.
	epartment (Medical Services Administration for Special Disenrollment from the MHP

regarding the Appellant. (Exhibit 1, page 12)

- 4. The request for disenrollment alleged that the Appellant's proposed discharge was based on actions inconsistent with membership, including noncompliance with appropriate use of Emergency Room services and concerns of drug seeking behavior. (Exhibit 1, pages 12-14)
- 5. On sent notice that she would be disenrolled from the MHP effective and placed in Fee for Service Medicaid owing to noncompliance and actions inconsistent with plan membership. (Exhibit 1, page 10)
- 6. On contesting the disenrollment determination. (Exhibit 1, pages 7-9)

#### **CONCLUSIONS OF LAW**

The Medical Assistance Program is established pursuant to Title XIX of the Social Security Act and is implemented by Title 42 of the Code of Federal Regulations (CFR). It is administered in accordance with state statute, the Social Welfare Act, the Administrative Code, and the State Plan under Title XIX of the Social Security Act Medical Assistance Program.

# 42 CFR § 438.56 Disenrollment: Requirements and limitations.

- (a) Applicability. The provisions of this section apply to all managed care arrangements whether enrollment is mandatory or voluntary and whether the contract is with an MCO, a PIHP, a PAHP, or a PCCM.
- (b) Disenrollment requested by the MCO, PIHP, PAHP, or PCCM. All MCO, PIHP, PAHP, and PCCM contracts must—
  - (1) Specify the reasons for which the MCO, PIHP, PAHP, or PCCM may request disenrollment of an enrollee:
  - (2) Provide that the MCO, PIHP, PAHP, or PCCM may not request disenrollment because of an adverse change in the enrollee's health status, or because of the enrollee's utilization of medical services, diminished mental capacity, or uncooperative or disruptive behavior resulting from his or her special needs (except when his or her continued enrollment in the MCO, PIHP, PAHP, or PCCM seriously impairs

the entity's ability to furnish services to either this particular enrollee or other enrollees); and

- (3) Specify the methods by which the MCO, PIHP, PAHP, or PCCM assures the agency that it does not request disenrollment for reasons other than those permitted under the contract.
- (c) Disenrollment requested by the enrollee. If the State chooses to limit disenrollment, its MCO, PIHP, PAHP, and PCCM contracts must provide that a recipient may request disenrollment as follows:
  - (1) For cause, at any time.
  - (2) Without cause, at the following times:
    - (i) During the 90 days following the date of the recipient's initial enrollment with the MCO, PIHP, PAHP, or PCCM, or the date the State sends the recipient notice of the enrollment, whichever is later.
    - (ii) At least once every 12 months thereafter.
    - (iii) Upon automatic reenrollment under paragraph (g) of this section, if the temporary loss of Medicaid eligibility has caused the recipient to miss the annual disenrollment opportunity.
    - (iv) When the State imposes the intermediate sanction specified in §438.702(a)(3)

The Department's Contract disenrollment provisions must comply with the above-cited applicable Federal regulations for Health Plan contracts created under the authority of the Medical Assistance program. Code sections [42 CFR 438.100 and 438.708] provide the mechanism(s) for enrollee protection and the potential for health plan/MCO sanction. Those sections provide;

#### 438.100 Enrollee rights.

- (a) General rule. The State must ensure that--
  - 1. Each MCO and PIHP has written policies regarding the enrollee rights specified in this section; and

2. Each MCO, PIHP, PAHP, and PCCM complies with any applicable Federal and State laws that pertain to enrollee rights, and ensures that its staff and affiliated providers take those rights into account when furnishing services to enrollees.

#### (b) Specific rights—

- 1. Basic requirement. The State must ensure that each managed care enrollee is guaranteed the rights as specified in paragraphs (b)(2) and (b)(3) of this section.
- 2. An enrollee of an MCO, PIHP, PAHP, or PCCM has the following rights: The right to--
  - (i) Receive information in accordance with Sec. 438.10.
  - (ii) Be treated with respect and with due consideration for his or her dignity and privacy.
  - (iii) Receive information on available treatment options and alternatives, presented in a manner appropriate to the enrollee's condition and ability to understand. (The information requirements for services that are not covered under the contract because of moral or religious objections are set forth in Sec. 438.10(f)(6)(xii).)
  - (iv) Participate in decisions regarding his or her health care, including the right to refuse treatment.
  - (v) Be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation, as specified in other Federal regulations on the use of restraints and seclusion.
  - (vi) If the privacy rule, as set forth in 45 CFR parts 160 and 164 subparts A and E, applies, request and receive a copy of his or her medical records, and request that they be amended or corrected, as specified in 45 CFR Sec. 164.524 and 164.526.

- 3. An enrollee of an MCO, PIHP, or PAHP (consistent with the scope of the PAHP's contracted services) has the right to be furnished health care services in accordance with 42 CFR 438.206 through 438.210.
- (c) Free exercise of rights. The State must ensure that each enrollee is free to exercise his or her rights, and that the exercise of those rights does not adversely affect the way the MCO, PIHP, PAHP, or PCCM and its providers or the State agency treat the enrollee.
- (d) Compliance with other Federal and State laws. The State must ensure that each MCO, PIHP, PAHP, and PCCM complies with any other applicable Federal and State laws (such as: title VI of the Civil Rights Act of 1964 as implemented by regulations at 45 CFR part 80; the Age Discrimination Act of 1975 as implemented by regulations at 45 CFR part 91; the Rehabilitation Act of 1973; and titles II and III of the Americans with Disabilities Act; and other laws regarding privacy and confidentiality). [67 FR 41095, June 14, 2002; 67 FR 65505, Oct. 25, 2002]

#### 438.708 Termination of an MCO or PCCM contract.

A State has the authority to terminate an MCO or PCCM contract and enroll that entity's enrollees in other MCOs or PCCMs, or provide their Medicaid benefits through other options included in the State plan, if the State determines that the MCO or PCCM has failed to do either of the following:

- (a) Carry out the substantive terms of its contract; or
- (b) Meet applicable requirements in sections 1932, 1903(m), and 1905(t) of the Act.

\* \* \*

The Michigan Department of Community Health (DCH), pursuant to the provisions of the Social Security Act Medical Assistance Program, contracts with the <u>Health Plan of Michigan</u> to provide State Medicaid Plan services to enrolled beneficiaries and ABW recipients.

The Department's contract provides, as follows:

#### Disenrollment Requests Initiated by the Contractor

#### (a) Special Disenrollments

The Contractor may initiate special disenrollment requests to the DCH based on enrollee actions inconsistent with Contractor membership – for example, if there is fraud, abuse of the Contractor, or other intentional misconduct; or if, the enrollee's abusive or violent behavior posses a threat to the Contractor or provider. Health Plans are responsible for members until the date of disenrollment. Special disenrollment requests are divided into three categories:

- Violent/life threatening situations involving physical acts of violence; physical or verbal threats of violence made against the Contractor providers, staff or the public at the Contractor locations; or stalking situations.
- Fraud/misrepresentation involving alteration or theft of prescriptions misrepresentation of Contractor membership, or unauthorized use of CHCP benefits.
- Other actions inconsistent with plan membership. Examples include, but are not limited to, the repeated use of non-Contractor providers without referral or when in-network providers are available; discharge from multiple practices or available Contractor's network providers; inappropriate use prescription medication or drug seeking behaviors including inappropriate use of emergency room facilities for drug seeking purposes.

A Contractor may not request special disenrollment based on physical or mental health status of the enrollee. If the enrollee's physical or mental health is a factor in the actions inconsistent with plan membership, the Contractor must document evidence of the Contractor's actions to assist the enrollee in correcting the problem.

including appropriate physical and mental health referrals....(Emphasis supplied) [Exhibit 1, page 153]

\*\*\*

The Department witness testified that after investigation and review, she approved the MHP's Special Disenrollment request. She testified that the submitted documentation showed the Appellant continued to use the emergency room for non-emergent conditions, such as chronic pain that could be addressed by the Appellant's primary care provider as well as the concerns of drug seeking behavior, after multiple intervention and education attempts by the MHP and treatment providers.

The Appellant testified that she did not realize how bad she had gotten about emergency room visits until she saw all the documentation gathered by the Department for this hearing. The Appellant explained that she has a very bad back that causes chronic pain, despite treatment with pain medications and injections. The Appellant stated that she had to go to the emergency room because it was after hours when nothing worked, meaning pain medications such as vicodin.

The Appellant requested to be placed on a six month probationary period with the MHP stating that she has undergone rhizotomy procedures which have helped the pain to some degree and therefore she is no longer running to the emergency room every week or every other week. The Appellant also stated she has an agreement with her doctor who now prescribes 10 dilaudid pills per month to keep her out of the emergency room. Therefore, the Appellant explained that she only goes to the emergency room now if she is out of dilaudid or to treat her migraines. However, an Administrative hearing is not the appropriate venue to negotiate a probationary period with the MHP. The MHP was not present for the hearing and this ALJ can not order any form of a probationary period.

The evidence in this case supports the Department's determination that the Appellant actions were inconsistent with plan membership. The Appellant was discharged from practice after discussing inappropriate use of the emergency room to treat chronic pain when she was also receiving treatment from the MI pain clinic and his office. (Exhibit 1, pages 16-21) The Appellant did not follow up with a primary care physician as recommended after each of her emergency room visits or follow through with scheduling appointments with specialists despite the assistance offered by the MHP's case management staff. (Exhibit 1, pages 22-151)

The Department established that the MHP made many educational and assistive interventions regarding the Appellant's use of emergency room services versus treatment by primary care and specialist physicians. Based upon the testimony and the evidence presented, the Department properly granted the MHP's Disenrollment request.

#### **DECISION AND ORDER**

The Administrative Law Judge, based on the above findings of fact and conclusions of law, decides that the Department properly granted the MHP request for Special Disenrollment.

#### IT IS THEREFORE ORDERED that:

The Department's decision is AFFIRMED.

Colleen Lack
Administrative Law Judge
for Janet Olszewski, Director
Michigan Department of Community Health

CC:



Date Mailed: 2/24/2009

#### \*\*\* NOTICE \*\*\*

The State Office of Administrative Hearings and Rules may order a rehearing on either its own motion or at the request of a party within 30 days of the mailing date of this Decision and Order. The State Office of Administrative Hearings and Rules will not order a rehearing on the Department's motion where the final decision or rehearing cannot be implemented within 90 days of the filing of the original request. The Appellant may appeal the Decision and Order to Circuit Court within 30 days of the receipt of the Decision and Order or, if a timely request for rehearing was made, within 30 days of the receipt of the rehearing decision.